

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			<p>AM: Family Meeting 1 AM: Chair Yoga 11:15 Jumbo Soccer Christa @ Alice's 1:30 Fall Foliage Drive to Genesee Valley Park! PM: Dear Abby EVE: Soft Sounds of Nature</p>	<p>Spirit Day: Wear RPH Attire! 2 AM: Family Meeting AM: Big Picture Books 2:30 Make Cinnamon Rolls PM: Manicures & Music EVE: Hymn Sing with Spiritual Eldercare (YouTube)</p>	<p>AM: Family Meeting 3 AM: Exercises w/ Sherry Zak Morris 2:15 Big Picture Books 3:30 HAPPY HOUR! EVE: Friday Movie Night & Hot Cocoa: Wizard of Oz</p>	<p>National Candy Day 4 AM: Family Meeting AM: Sing-A-Long Songs 2:30 Pet Therapy Visits with RocDog! 4:15 Candy Tasting 7:00 The Lawrence Welk Show & Saturday Night Snack</p>
<p>AM: Family Meeting 5 AM: Morning Worship Service (YouTube) PM: Reading Circle: Sunshine on my Face PM: Ball Toss & Music EVE: Sunday Devotional 8:20 Tailgate Party: Bills vs. Bengals</p>	<p>AM: Family Meeting 6 AM: Chair Exercises 2:15 Monday Trivia with Christa @ Daisy's House PM: Pampering Day! Hand Massages & Hair Styles EVE: Current Event & Snack Social</p>	<p>AM: Family Meeting 7 Worship w/ Rev. Marsha: 11:00 @ Mary's 2:00 @ Helen's PM: Sing Along Songs with Staff PM: Manicures & Music EVE: Tuesday's Fun Facts (Big Binder)</p>	<p>AM: Family Meeting 8 AM: Chair Yoga 11:15 Jumbo Soccer @ Mary's 2:30 All-House Apple Peeling Contest & Bake Mini Apple Pie Crumble PM: Hymn Sing with Spiritual Eldercare (YouTube) EVE: Reading Circle: Chicken Soup</p>	<p>AM: Family Meeting 9 Cards & Crafts with Deb! 10:00 Helen's 10:30 Mary's 11:00 Alice's 11:30 Daisy's 2:15 Coffee & Chit Chat PM: Manicures & Music EVE: Table Ball</p>	<p>Happy Birthday Jean & Marlene! (Alice's House) AM: Family Meeting AM: Exercises w/ Sherry Zak Morris 2:15 All About Jean & Marlene! 3:30 HAPPY HOUR! EVE: Movie Night: Stand By Me (Netflix) & Hot Cocoa</p>	<p>AM: Family Meeting 11 AM: Veterans Day Poem 2:15 Veterans Day Tribute & Drumming Program with Paul (Daisy's House) 4:15 Veteran's Day Trivia 7:00 The Lawrence Welk Show Veterans Day Remembrance Day (Canada)</p>
<p>AM: Family Meeting 12 AM: Morning Worship Service (YouTube) PM: Bible Stories PM: Sunday Devotional EVE: AFV & Snack Diwali (Hindi)</p>	<p>AM: Family Meeting 13 AM: Chair Exercises 2:15 Monday Trivia with Christa @ Helen's House PM: Big Picture Cards EVE: Get Your Steps: House Walk 8:15 Tailgate Party: Bills vs. Broncos</p>	<p>All-House Pajama Day! 14 AM: Family Meeting Worship w/ Rev. Marsha: 11:00 @ Alice's 2:00 @ Daisy's PM: Dance Party: 50s & 60s Rock N' Roll PM: Manicures & Music EVE: Tuesday's Fun Facts (Big Binder)</p>	<p>AM: Family Meeting 15 AM: Chair Yoga 11:15 Jumbo Soccer with Christa @ Daisy's House 2:15 Thankful Wreaths @ Mary's 4:15 Shirley Temples EVE: Hymn Sing with Spiritual Eldercare (YouTube)</p>	<p>'Fast Food Day' 16 AM: Family Meeting AM: History of McDonalds 12:00 Fast Food Lunch 2:15 Dear Abby ZUMBA WITH DENISE: 3:00 @ Mary's 3:30 @ Helen's PM: Manicures & Music EVE: Table Ball</p>	<p>AM: Family Meeting 17 AM: Exercises w/ Sherry Zak Morris 2:30 Music Concert by Kit Nelson! (Alice's House) 3:30 HAPPY HOUR: Pie Tasting! EVE: Movie Night: Steel Magnolias (Netflix)</p>	<p>AM: Family Meeting 18 AM: I Love Lucy PM: Balloon Toss PM: Tea Social: What Are You Thankful For? 7:00 The Lawrence Welk Show & Saturday Night Snack</p>
<p>International Men's Day 19 AM: Family Meeting AM: Morning Worship Service (YouTube) PM: Ball Toss & Music 3:30 'Men's Day' Dinner Trip & Tailgate Party to RPH! 4:25 Tailgate Party: Bills vs. Jets EVE: AFV & Snack</p>	<p>AM: Family Meeting 20 AM: Chair Exercises 2:15 Monday Trivia with Christa @ Alice's House PM: Reading: Mother Goose Rhymes 6:45 Holiday Concert by Total Sounds! (Helen's House)</p>	<p>AM: Family Meeting 21 Worship w/ Rev. Marsha: 11:00 @ Mary's 2:00 @ Helen's PM: Big Picture Cards PM: Manicures & Music EVE: Tuesday's Fun Facts (Big Binder)</p>	<p>AM: Family Meeting 22 AM: Chair Yoga 11:15 Jumbo Soccer with Christa @ Mary's House 2:15 Thanksgiving Jeopardy @ Daisy's 4:15 Golden Girls EVE: Finish The Phrase</p>	<p>Happy Thanksgiving! 23 9:00 Macy's Thanksgiving Day Parade & Breakfast Social! 12:00 Thanksgiving Prayer & Dinner 2:15 Turkey Day Trivia PM: Manicures & Music EVE: Short Story: Unexpected Blessings Thanksgiving Day (US)</p>	<p>Black Friday 24 AM: Family Meeting AM: Exercises w/ Sherry Zak Morris PM: History of Black Friday 3:30 HAPPY HOUR! EVE: Best of Elvis Presley</p>	<p>AM: Family Meeting 25 AM: Table Bowling PM: Get Your Steps: House Walk PM: Music & Dance Circle: Hits of the 60s 7:00 The Lawrence Welk Show & Saturday Night Snack</p>
<p>AM: Family Meeting 26 AM: Morning Worship Service (YouTube) PM: Reading: God's Good News 4:25 Tailgate Party: Bills vs. Patriots EVE: AFV & Snack</p>	<p>Country Celebration: Peru 27 AM: Family Meeting AM: Chair Exercises 12:00 Taste of Peruvian Cuisine PM: Virtual Tour & Social: Machu Picchu & The Amazon Rainforest PM: Ocean Sounds & Hand Massages EVE: Monday Movie Night & Hot Cocoa: Steel Magnolias</p>	<p>AM: Family Meeting 28 Worship w/ Rev. Marsha: 11:00 @ Alice's 2:00 @ Daisy's PM: House Walk with Jean PM: Manicures & Music EVE: Tuesday's Fun Facts (Big Binder)</p>	<p>AM: Family Meeting 29 AM: Chair Yoga 11:15 Jumbo Soccer with Christa @ Helen's House 2:15 Autumn Through The Senses @ Alice's 4:15 Word Search & Color Club EVE: Puzzles</p>	<p>AM: Family Meeting 30 AM: Table Bowling 2:15 Music & Dance: Best of Nat King Cole PM: Manicures & Music EVE: Fun November Facts</p>	<p>Rochester Presbyterian Home at Cottage Grove Alice's House</p>	

Activities are provided by the Shahbazim in each house unless otherwise stated. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz. CY = Courtyard