

Rochester Presbyterian Home at Cottage Grove

# September 2023

## Mary's House

|  |   |   |  |  |   |   |
|--|---|---|--|--|---|---|
|  |   |   |  |  | <b>Rock N' Roll Day</b><br>10:45 Family Meeting<br>11:15 Chair Yoga<br>2:15 Rock N' Roll Trivia<br><b>3:30 HAPPY HOUR!</b><br>6:30 Name That Rock N' Roll Tune  | 10:45 Family Meeting<br>11:15 Outdoor Activity<br><i>2:30 Pet Therapy Visits with RocDog!</i><br>4:15 Fall Decorating<br>7:00 The Lawrence Welk Show              |
| 10:45 Family Meeting<br>11:15 Morning Worship Service on You Tube<br>2:30 Movie & Popcorn<br>4:15 Afternoon Stretches & Daily Chronicle<br>6:15 Sunday Devotional  | 10:45 Family Meeting<br>11:15 Chair Exercises<br>2:00 <i>Women's Club with Christa- CY</i><br>2:30 1:1 Visits<br>4:15 Name The Occupation<br>6:15 Labor Day Trivia<br><br>Labor Day   | 10:45 Family Meeting<br>11:00 Worship with Rev. Marsha<br>2:30 <i>Wine &amp; Cheese Tasting</i><br>4:15 Manicures & Music<br>6:30 Tuesday Trivia        | <b>College Color Day</b><br>10:45 Family Meeting<br>11:15 Chair Exercises<br>2:15 A-Z Board Game<br>4:15 Finish The Phrase<br>6:30 Book Club   | <b>Grill Day</b><br><b>Fashion Week</b><br>10:45 Family Meeting<br>11:15 Courtyard Music with Dan<br>2:15 Fashion Facts<br><b>3:00 ZUMBA with Denise!</b><br>4:15 Manicures & Music<br>6:30 Fall Craft | <b>Cottage Grove Annual Bake-Off</b><br>10:45 Family Meeting<br>11:15 Chair Yoga<br>2:15 Bake Your Dish<br><b>3:30 HAPPY HOUR: Bake-Off Dishes</b><br>6:30 BINGO  | 10:45 Family Meeting<br>11:15 Waffle Day: Waffle Facts<br>2:30 Front Porch Social<br>4:15 Ball Toss & Music<br>7:00 The Lawrence Welk Show                        |
| <b>Grandparents Day!</b><br>10:45 Family Meeting<br>11:15 Morning Worship Service on You Tube<br><b>2:30 Celebrate our Grandparents: Music Concert by Kit Nelson!*</b><br>4:15<br>6:15 Sunday Devotional | 10:45 Family Meeting<br>11:15 Chair Exercises<br>2:00 <i>Women's Club with Christa- CY</i><br>2:15 The Invention of Bubble Gum (YT)<br>4:15 Balloon Bat<br>6:30 Cup of Soup Reading<br><b>8:15 Bills vs. Jets</b>                     | 10:45 Family Meeting<br>11:15 Relaxation Hour: Hand Massages & Waterfall Sounds<br>2:00 Ball Toss Game<br>4:15 Manicures & Music<br>6:30 Tuesday Trivia | <b>10:00 Trip to Kelly's Farm Market: Donuts, Cider, Coffee, Pumpkins!</b><br>10:45 Family Meeting<br>11:15 Chair Exercises<br>2:15 Fun Fall Activities<br>3:30 <i>Men's Club @ Helen's</i><br>4:15 UNO<br>6:30 Sing-Along | <b>Grill Day</b><br>10:45 Family Meeting<br>11:15 Courtyard Music with Dan<br>2:30 <i>November Calendar Planning Day</i><br>4:15 Manicures & Music<br>6:30 Wheel of Fortune                            | <b>"Barbie Day"</b><br>10:45 Family Meeting<br>11:15 Chair Yoga<br>2:15 Remembering Barbie: Fun Facts, Pictures & Videos<br><b>3:30 HAPPY HOUR! Pink Edition</b><br>6:30 Friday Night Movie<br><br>Rosh Hashanah Begins | 10:45 Family Meeting<br>11:15 Story Time<br>2:30 Sing Along Songs<br>4:15 Balloon Tennis<br>7:00 The Lawrence Welk Show<br><br>Oktoberfest Begins                 |
| 10:45 Family Meeting<br>11:15 Morning Worship Service on You Tube<br><b>1:00 Bills vs. Raiders</b><br>2:30 Movie Star Trivia<br>4:15 Table Bowling<br>6:15 Sunday Devotional                             | 10:45 Family Meeting<br>11:15 Morning Stretches<br><b>11:45 Out To Eat- Rohrbach's</b><br>2:00 <i>Women's Club with Christa- CY</i><br>2:30 Hershey Kiss Tasting<br>4:15 Coffee & Tea Party<br>6:30 Categories: Naming Different Pies | 10:45 Family Meeting<br><b>11:00 Worship with Rev. Marsha</b><br>2:15 Story Time<br>4:15 Manicures & Music<br>6:30 Tuesday Trivia                       | 10:45 Family Meeting<br>11:15 Chair Exercises<br>2:15 Chicken Soup Reading<br>3:30 <i>Men's Club @ Alice</i><br>4:15 Table Bowling<br>6:30 Wheel of Fortune  | <b>Grill Day</b><br>10:45 Family Meeting<br>11:15 Courtyard Music with Dan<br>2:15 Finish The Lines<br>4:15 Manicures & Music<br><b>4:30 Visits with Gryffin!</b><br>6:30 UNO                          | <b>Fall Festival</b><br>10:45 Family Meeting<br>11:15 Chair Yoga<br><b>2:15- 4:00: All-House Fall Festival: Games &amp; Social</b><br>6:30 Friday Night Movie   | <b>First Day of Autumn</b><br>10:45 Family Meeting<br>11:15 Centers<br>2:30 Fun Fall Facts<br>4:15 A-Z Trivia<br>7:00 The Lawrence Welk Show<br><br>Autumn Begins |
| 10:45 Family Meeting<br>11:15 Morning Worship Service on You Tube<br><b>1:00 Bills vs. Commanders</b><br>2:30 Poetry Time<br>4:15 1:1 Visits with Elders<br>6:15 Sunday Devotional<br><br>Yom Kippur     | <b>Country Day: New Zealand!</b><br>10:45 Family Meeting<br>11:15 Chair Exercises<br><b>12:00 Taste of New Zealand</b><br>2:15 <i>Travel By Chair to New Zealand &amp; Snack Social</i><br>4:15 Balloon Tennis<br>6:30 Charades       | 10:45 Family Meeting<br>11:15 Movin' and Groovin' to the 60s<br>2:15 Elders Choice<br>4:15 Manicures & Music<br>6:30 Tuesday Trivia                     | 10:45 Family Meeting<br>11:15 Chair Exercises<br>2:15 BINGO<br>3:30 <i>Men's Club @ Daisy</i><br>4:15 Snack & Chat Social<br>6:30 Wheel of Fortune   | <b>Grill Day</b><br>10:45 Family Meeting<br>11:15 Pom Pom Day<br><b>2:00 Apple Picking at Whittier Fruit Farm!</b><br>4:15 Manicures & Music<br>6:30 Charades  | 10:45 Family Meeting<br>11:15 Story Time @ Mary's<br>2:15 Make Homemade Applesauce<br><b>3:30 Music Concert with Mike Sidoti @ Alice's</b><br><b>3:30 HAPPY HOUR: Homemade Applesauce!</b><br>6:30 Movie Night          | 10:45 Family Meeting<br>11:15 Puzzles<br>2:30 Words that Start with S<br>4:15 Snack & Social: Apples & Peanut Butter<br>7:00 The Lawrence Welk Show               |

Activities are provided by the Shahbazim in each house unless otherwise stated. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz. CY = Courtyard YT = YouTube  
 \*9/10- Concert with Kit Nelson will be held in the courtyard (weather pending) or in Helen's House