

Rochester Presbyterian Home at Cottage Grove

September 2023

Helen's House

					Rock N' Roll Day 1 10:45 Family Meeting 11:15 Chair Yoga 2:15 Rock N' Roll Trivia 3:30 HAPPY HOUR! 6:30 Name That Rock N' Roll Tune	2 10:45 Family Meeting 11:15 Dance Break: Music & Moves <i>2:30 Pet Therapy Visits with RocDog!</i> 4:15 Fall Decorating 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Movie & Popcorn 4:15 Chair Exercises 6:15 Sunday Devotional	3 10:45 Family Meeting 11:15 Chair Exercises 2:00 <i>Women's Club with Christa- CY</i> 2:30 Margarita Monday! 4:15 Name The Occupation 6:15 Labor Day Trivia Labor Day	4 10:45 Family Meeting 11:15 Fun Facts About Germany with Ute <i>2:00 Worship with Rev. Marsha</i> 2:30 <i>Wine & Cheese Tasting</i> 4:15 Manicures & Music 6:30 Tuesday Trivia	5 College Color Day 10:45 Family Meeting 11:15 Chair Exercises 2:15 Mini Golf 3:30 <i>Men's Club @ Daisy</i> 4:15 UNO 6:30 Cup of Soup	6 Grill Day Fashion Week 10:45 Family Meeting 11:15 Courtyard Music with Dan 2:15 1:1 Visits 3:00 ZUMBA with Denise! 4:15 Manicures & Music 6:30 Fall Craft	7 Cottage Grove Annual Bake-Off 10:45 Family Meeting 11:15 Chair Yoga 2:15 Bake Your Dish 3:30 HAPPY HOUR: Bake-Off Dishes 6:30 BINGO	8 10:45 Family Meeting 11:15 Name 10 2:30 September Monthly Gazette 4:15 Make Donuts 7:00 The Lawrence Welk Show
Grandparents Day! 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Celebrate our Grandparents Social & Music Concert by Kit Nelson!* 4:15 6:15 Sunday Devotional	10 10:45 Family Meeting 11:15 Chair Exercises 2:00 <i>Women's Club with Christa- CY</i> 2:30 Horoscope Reading (Newspaper) 4:15 Balloon Bat 6:30 Cup of Soup Reading 8:15 Bills vs. Jets	11 10:45 Family Meeting 11:15 Dear Abby 2:00 Big Soccer Ball Game 4:15 Manicures & Music 6:30 Tuesday Trivia	12 10:00 Trip to Kelly's Farm Market: Donuts, Cider, Coffee, Pumpkins! 10:45 Family Meeting 11:15 Chair Exercises 2:15 Table Bowling 3:30 <i>Men's Club @ Helen's</i> 4:15 UNO 6:30 Sing-Along	13 Grill Day 10:45 Family Meeting 11:15 Courtyard Music with Dan 2:30 <i>November Calendar Planning Day</i> 4:15 Manicures & Music 6:30 Wheel of Fortune	14 "Barbie Day" 10:45 Family Meeting 11:15 Chair Yoga 2:15 Remembering Barbie: Fun Facts, Pictures & Videos 3:30 HAPPY HOUR! Pink Edition 6:30 Friday Night Movie	15 10:45 Family Meeting 11:15 Story Time with Jean 2:30 Show & Tell 4:15 UNO 7:00 The Lawrence Welk Show Oktoberfest Begins
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 1:00 Bills vs. Raiders 2:30 Movie Matinee & Popcorn 4:15 1:1 With Elders 6:15 Sunday Devotional	17 10:45 Family Meeting 11:15 Chair Exercises 2:00 <i>Women's Club with Christa- CY</i> 2:30 Reminiscing Favorite Fall Activities 4:15 UNO 6:30 News & Views	18 10:45 Family Meeting 11:15 'ABC' Fall Activities <i>2:00 Worship with Rev. Marsha</i> 4:15 Manicures & Music 6:30 Tuesday Trivia	19 10:45 Family Meeting 11:15 Chair Exercises 2:15 Chicken Soup Reading 3:30 <i>Men's Club @ Alice</i> 4:15 Table Bowling 6:30 Wheel of Fortune	20 Grill Day 10:45 Family Meeting 11:15 Courtyard Music with Dan 2:15 Finish The Lines 4:15 Manicures & Music <i>4:30 Visits with Gryffin!</i> 6:30 UNO	21 Fall Festival 10:45 Family Meeting 11:15 Chair Yoga 2:15- 4:00: All-House Fall Festival: Games & Social 6:30 Friday Night Movie	22 First Day of Autumn 10:45 Family Meeting 11:15 Roseanne 2:30 Fun Fall Facts 4:15 Balloon Tennis 7:00 The Lawrence Welk Show Autumn Begins
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 1:00 Bills vs. Commanders 2:30 Movie Matinee & Popcorn 4:15 Table Bowling 6:15 Sunday Devotional Yom Kippur	24 Country Day: New Zealand! 10:45 Family Meeting 11:15 Chair Exercises 12:00 Taste of New Zealand <i>2:15 Travel By Chair to New Zealand & Snack Social</i> 4:15 UNO 6:30 Hangman	25 10:45 Family Meeting 11:15 Alphabetics 2:15 Guess The Smell 4:15 Manicures & Music 6:30 Tuesday Trivia	26 10:45 Family Meeting 11:15 Chair Exercises 2:15 Make S'mores 3:30 <i>Men's Club @ Daisy</i> 4:15 Bananagrams 6:30 Wheel of Fortune	27 Grill Day 10:45 Family Meeting 11:15 Courtyard Music with Dan 2:00 Apple Picking at Whittier Fruit Farm! 4:15 Manicures & Music 6:30 Charades	28 10:45 Family Meeting 11:15 Chair Yoga 2:15 Make Homemade Applesauce 3:30 Music Concert with Mike Sidoti @ Alice's 3:30 HAPPY HOUR: Homemade Applesauce! 6:30 Movie Night	29 10:45 Family Meeting 11:15 History of Gum 2:30 How is Gum Made? 4:15 Snack & Social: Apples & Peanut Butter 7:00 The Lawrence Welk Show

Activities are provided by the Shahbazim in each house unless otherwise stated. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz. CY = Courtyard YT = YouTube

*9/10- Concert with Kit Nelson will be held in the courtyard (weather pending) or in Helen's House