

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Well-Being Engagement
Guide Contact Information:
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September 2023

Bill and Jude's House

9:30 Sunday Morning Show CBS Channel 8
11:00 Music and the Spoken Word- Hymns-Search YouTube
2:30 Table Top Activities
3:30 Sensory Bins
7:00 Bingo with Staff

11:00 Chair Exercises-Search Sara Basch on YouTube
2:30 Flower Arranging with Jenny
3:30 Share Beetle Bailey Comics
4:00 **ROC Dog (15 min. each house)**
7:00 America the Beautiful by Nat. Geo. on Disney+
Happy Birthday Beetle Bailey Labor Day

11:00 Coffee and Conversation-Daily Chronicle
2:00-2:30 Zumba with Denise
2:30 Read Aloud with Marty
3:30 Manicures/Hand Massage (with Lotion) & Music
7:00 Game Night

11:00 Coffee and Conversation-Daily Chronicle Catholic Communion Nancy's
2:30 Fill Bird Feeders with Trish
3:30 Courtyard Walk with Staff
7:00 Mary Tyler Moore Show (Search YouTube)

11:00 Scrapbooking with Trish and Rose
2:30 Funniest Animals Show
3:00-3:30 Music Therapy with Liz
3:30 Dorothy's Birthday Bash
6:30 Crafts with Ginny
8:15 Thursday Night Football Lions vs. Chiefs (NBC)
NFL Kickoff Day

11:00 Chair Exercises-Search Sara Basch on YouTube
2:30 Change House Decor with Trish and Jenny
3:30 **HAPPY HOUR! Chef's Choice**
7:00 Friday Night at the Movies-The Flying Nun with Sally Field (Search YouTube)

11:00 Coffee and Conversation-Share Studebaker Facts
2:30 Puzzlemania or Music on the Porch
3:30 Balloon Badminton OR Ball Roll-End with a Cool Treat
7:00 The Lawrence Welk Show
Studebaker Day

9:30 Sunday Morning Show CBS Channel 8
11:00 Music and the Spoken Word-Hymns-Search YouTube
2:30 Beanbag Toss
3:30 Table Top Activities
7:00 Sunday Night Football OR Bowling
Assisted Living Week/Staff Spirit Week Begins-Snazy Socks Sunday
Grandparents Day

11:00 Coffee and Conversation-Share Kennedy Wedding Facts
2:30-3:00 Kellie Yoga
3:30 Painting
7:00 America the Beautiful by Nat. Geo. on Disney+/Monday Night Football Bills vs. Jets (8:15 ABC)
Premiere of Carol Burnett Show 1967
Messy Hair Monday

11:00 Chair Exercises-Search Sara Basch on YouTube
2:30-3 Music with Marty
3-3:45 Zoo Mobile with Trish and Ann BJs/Helene's
4:00 Manicures/Hand Massage (with Lotion) & Music
7:00 Game Night
Lassie's Birthday 1954/Jack and Jackie Kennedy Marry 1953
Twining Tuesday

9:30 Apple Outing-Kelly's Farm with Trish-Elders to be Determined
11:00 **Service with Pastor Marsha**
2:30 Porch Chat-Carol Burnett Facts
3:30 Painting
7:00 Mary Tyler Moore Show (Search YouTube)
All House Staff Meetings
Wild Wednesday-Dress Funny (Inside Out)

11:00 Coffee and Conversation-Daily Chronicle
2:30 Manicures/Hand Massage (with Lotion) & Music
3:30 Gift Making with Trish and Sharon
6:30 Crafts with Ginny
8:15 Thursday Night Football Vikings vs. Eagles (Prime Video)
The Walton's Premieres in 1972
Throwback Thursday-Dress from a Different Era

11:00 Chair Exercises Or Walk with Jenny
2:30 Sing Along with Suzy Q
3:30 **HAPPY HOUR! Creekstone Colors-Snacks to Match House Color**
7:00 Friday Night at the Movies-Lassie Movie (Search YouTube)
House Color Day
Rosh Hashanah Begins

11:00 Reminisce About Play-Doh
2:30 Puzzlemania or Music on the Porch
3:30 Apple Snack with Caramel Dip
7:00 The Lawrence Welk Show
World Play-Doh Day-1965/Eat an Apple Day
PJ Day
Oktoberfest Begins

9:30 Sunday Morning Show CBS Channel 8
11:00 Music and the Spoken Word- Hymns-Search YouTube
2:30 Sensory Dough
3:30 Table Top Activities
7:00 Sunday Night Football OR Karaoke
M*A*S*H Premiere 1972

11:00 Chair Exercises with Narina
2:30 Walk in the Courtyard
3:30 Sensory Bins
7:00 America the Beautiful by Nat. Geo. on Disney+/Monday Night Football Browns vs. Steelers (8:15 ABC)
Frankie Avalon Birthday 1940

11:00 Coffee and Conversation-Share Frankie Avalon Facts
2:30 Chair Exercise with Marty
3:30 Manicures/Hand Massage (with Lotion) & Music
7:00 Game Night
Premiere of Mary Tyler Moore Show 1970

11:00 The Archie's Sugar Sugar Song Along Chair Dance Party-Search YouTube for Archie's Music
2:30 Make Apple Jam with Trish, Maureen & Sharon
3:30 Bread and Fresh Jam Snack
7:00 Mary Tyler Moore Show (Search YouTube)
The Archie's Sugar Sugar #1 Song 1969

11:00 Flat Stanley with Trish and Rose
2:30 Porch Chat
3:00-3:30 Music Therapy with Liz
3:30 Manicures/Hand Massage (with Lotion) & M Crafts with Ginny
8:15 Thursday Night Football Giants vs. 49ers (8:15 Prime Video)
Perry Mason Premiere 1957
Wear Purple for World Alzheimer's Day

11:00 Chair Exercises-Search Sara Basch on YouTube
2:30 Finish the Rhyme
3:30 **HAPPY HOUR! Pretzel & Dip with Punch**
7:00 Friday Night at the Movies-Beach Party-1963 Starring Frankie Avalon & Annette Funicello (Netflix)
Centenarians Day-Celebrate Carol Our Resident 100+ Year Old Elder

11:00 Coffee and Conversation-Share Mickey Rooney Facts
2:30 Puzzlemania or Music on the Porch
3:30 Balloon Badminton OR Ball Roll
7:00 The Lawrence Welk Show
Mickey Rooney Birthday 1920
Autumn Begins

9:30 Sunday Morning Show CBS Channel 8
11:00 Music and the Spoken Word-Hymns-Search YouTube
2:30 Bullwinkle Movie (Search YouTube)
3:30 Table Top Activities
7:00 Sunday Night Football OR Bingo
Bullwinkle Day 1950
TRISH OFF
ENGAGEMENT CHALLENGE BEGINS
Yom Kippur

11:00 Chair Exercises-Search Sara Basch on YouTube
2:30 Flower Suncatchers with Jenny and Donna B.
3:30 Music on the Porch
7:00 America the Beautiful by Nat. Geo. on Disney+/Monday Night Football Eagles vs. Bucs (7:15 ABC)
The Hustler Movie Anniversary 1961
TRISH OFF-Jenny Here

11:00 Coffee and Conversation-2:30 Chair Exercise with Marty
3:30 Manicures/Hand Massage (with Lotion) & Music
7:00 Game Night
Johnny Appleseed Day
TRISH OFF

11:00 **Service with Pastor Marsha**
2:30 Bingo with Jenny and Sharon
3:30 All House Walks with Jenny
7:00 Mary Tyler Moore Show (Search YouTube)
TRISH OFF

11:00 Coffee and Conversation-Daily Chronicle
2:30 Beatles Sing Along/Dance Party (Search YouTube)
3:30 Manicures/Hand Massage (with Lotion) & Music
6:30 Crafts with Ginny
8:15 Thursday Night Football Lions vs. Packers (Prime Video)
Hey Jude Day (Beatles 1968)
TRISH OFF

11:00 Chair Exercises-Search Sara Basch on YouTube
2:30 Tic Tac Toe Games
3:30 **HAPPY HOUR! Fall Snack Mix**
7:00 Friday Night at the Movies-The Hustler 1961
TRISH OFF
Sukkot Begins

11:00 Coffee and Conversation-Share Little Women Facts
2:00 **Deb Sing BJs/Helene's Together**
2:30 Little Women Movie (Search YouTube) with Popcorn Snack
3:30 Puzzlemania or Music on the Porch
7:00 The Lawrence Welk Show
Little Women Day 1868
TRISH OFF

Activities are provided by the Shahbazim in each house, unless otherwise noted. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.