

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>EVERY AFTERNOON AROUND 2PM WE ARE HAVING "HYDRATION STATION" WHERE WE OFFER AND ENCOURAGE ELDERLY TO DRINK BEVERAGES AND MAKE SURE THEY ARE STAYING HYDRATED THROUGHOUT THE DAY! PLEASE WRITE THIS ON THE WHITE BOARD TO INCORPORATE IN ACTIVITIES. THANK YOU!</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 BINGO 4:15 Manicures & Music 6:30 Wheel of Fortune</p> <p>May Day</p>	<p>10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:15 May Monthly Gazette 4:15 Outdoor Walk 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Quiz Game 4:15 Finish The Phrase 6:30 After Supper Color Club</p>	<p>10:45 Family Meeting 11:15 Hymn Sing-Along 2:15 Puzzle Time 4:15 Manicures & Music 6:30 Story Time: Elders Pick a Book</p>	<p>Happy Cinco De Mayo! 10:45 Family Meeting 11:15 Chair Yoga 2:30 Cinco De Mayo Music, Dance & More 3:30 HAPPY HOUR: Margarita's & Mini Churros 6:30 Movie Night</p> <p>Cinco de Mayo</p>	<p>Happy Birthday Pat! Kentucky Derby Day 10:45 Family Meeting 11:15 All About Pat! 2:30 Pet Therapy Visits with RocDog! 4:15 Music Hour (Pat's Pick) 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Fun Facts From Binder 4:15 Courtyard Stroll 6:15 BINGO</p>	<p>Nurses Week Grill Day 10:45 Family Meeting 11:15 Chair Exercises 1:30 Entertainment by Musical Moments @ Helen's House 4:15 Manicures & Music 6:30 Wheel of Fortune</p>	<p>10:45 Family Meeting 11:15 Worship with Rev. Marsha 2:00 Group Book Club 2:30 Visits With Stacy 4:15 Name Favorite Vacation Spots 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Poem Reading 4:15 Ice Cream Social 6:30 Hymn Sing: Spiritual Eldercare on You Tube</p>	<p>10:45 Family Meeting 11:15 Pom Pom Exercises 2:30 June Calendar Planning Day 4:15 Manicures & Music 6:30 May Trivia IQ</p>	<p>Nurses Day 10:45 Family Meeting 11:15 Chair Yoga 2:15 Who was Florence Nightingale? 3:15 Pet Therapy with Gryffin 3:30 HAPPY HOUR! 6:30 Movie Night & Popcorn</p>	<p>10:45 Family Meeting 11:15 Morning Yoga & Stretches 2:30 1:1 Visits 4:15 Courtyard Walk 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 12-1: Mother's Day Brunch 2:15 Mother's Day Social & Concert by Jeff Elliott 4:15 Mother's Day Trivia 6:15 365 Days of Prayer</p> <p>Mother's Day</p>	<p>Grill Day 10:45 Family Meeting 11:15 Chair Exercises 2:15 Balloon Tennis 4:15 Manicures & Music 6:30 Women in Uniform Day: How Many Can We Think Of?</p>	<p>"Occupation Day" 10:45 Family Meeting 11:15 What Was Your Occupation? 2:15 Celebrate Older Americans Month 4:15 Root Beer Float Social 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Bake Cookies 4:15 Tea Party & Cookies 6:30 Game Shows</p>	<p>10:45 Family Meeting 11:15 Morning Exercises & Daily Chronicle 2:15 Baby Channel & Snack 4:15 Manicures & Music 6:30 Best of Perry Como (You Tube)</p>	<p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Make Hair Clips 3:30 HAPPY HOUR! 6:30 Movie Night & Popcorn</p>	<p>10:45 Family Meeting 11:15 Courtyard Stroll 2:30 Refreshments Hour: Drinks & Snacks 4:15 Repot Plants with Kim 7:00 The Lawrence Welk Show</p> <p>Armed Forces Day</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Tea Time 4:15 Karaoke Hour! 6:15 Reading Verses from the Bible</p>	<p>Grill Day 10:45 Family Meeting 11:15 Chair Exercises 2:15 Finish The Line 4:15 Manicures & Music 6:30 Evening Outdoor Walk</p> <p>Victoria Day (Canada)</p>	<p>World Turtle Day 10:45 Family Meeting 11:15 Watch Turtle on YouTube 2:15 Ball Toss Games 4:15 Courtyard Iced Tea Social 6:30 Tuesday Trivia</p>	<p>PGA Championship 10:45 Family Meeting 11:15 Chair Exercises 2:15 Golfing 4:15 Wine & Cheese Tasting 6:30 Finish The Phrase</p>	<p>10:45 Family Meeting 11:15 May Color Club 2:15 Trivia Time 3:00 ZUMBA with Denise! 4:15 Manicures & Music 6:30 Outdoor Ball Toss</p> <p>Shavuot Begins</p>	<p>"Spring Dreams & Ice Cream Day" 10:45 Family Meeting 11:15 Chair Yoga 2:15 Courtyard Concert by Tom Dunn! 3:30 HAPPY HOUR! 6:30 Trivia Book Time</p>	<p>Happy Birthday Connie! 10:45 Family Meeting 11:15 All About Connie! 2:30 Movie Matinee & Popcorn 4:15 Lemonade Social 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Tea Time 4:15 BINGO 6:15 365 Days of Prayer</p>	<p>Grill Day 10:45 Family Meeting 11:15 Chair Exercises 2:15 Patriotic Drum Show & Social in Courtyard 4:15 Manicures & Music 6:30 Memorial Day Trivia</p> <p>Memorial Day</p>	<p>Happy Birthday Eleanor! 10:45 Family Meeting 11:15 Worship with Rev. Marsha 2:30 All About Eleanor! 4:15 Name Different Cities 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Balloon Tennis 4:15 Hallmark Movie 6:30 Hymn Sing: Spiritual Eldercare on You Tube</p>	<p>Rochester Presbyterian Home at Cottage Grove</p> <h1>May 2023</h1> <p>Mary's House</p>		

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.