

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

EVERY AFTERNOON AROUND 2PM WE ARE HAVING "HYDRATION STATION" WHERE WE OFFER AND ENCOURAGE ELDERLY TO DRINK BEVERAGES AND MAKE SURE THEY ARE STAYING HYDRATED THROUGHOUT THE DAY! PLEASE WRITE THIS ON THE WHITE BOARD TO INCORPORATE IN ACTIVITIES. THANK YOU!

10:45 Family Meeting
11:15 Chair Exercises
2:15 May Day BINGO
4:15 Manicures & Music
6:30 Wheel of Fortune

May Day

10:45 Family Meeting
11:15 Morning Worship Service on You Tube
2:30 May Color Club
4:15 Afternoon Snack & Chat Social
6:15 365 Days of Prayer

10:45 Family Meeting
11:15 Morning Worship Service on You Tube
12-1: **Mother's Day Brunch**
2:15 **Mother's Day Social & Concert by Jeff Elliott**
4:15 Mother's Day Trivia
6:15 365 Days of Prayer

Mother's Day

10:45 Family Meeting
11:15 Morning Worship Service on You Tube
2:30 May Color Club
4:15 Afternoon Snack & Chat Social
6:15 365 Days of Prayer

10:45 Family Meeting
11:15 Morning Worship Service on You Tube
2:30 May Color Club
4:15 Afternoon Snack & Chat Social
6:15 365 Days of Prayer

10:45 Family Meeting
11:15 Chair Exercises
2:15 May Day BINGO
4:15 Manicures & Music
6:30 Wheel of Fortune

May Day

Nurses Week
Grill Day
10:45 Family Meeting
11:15 Chair Exercises
1:30 **Entertainment by Musical Moments @ Helen's House**
4:15 Manicures & Music
6:30 YouTube Trivia For Seniors

Grill Day
10:45 Family Meeting
11:15 Chair Exercises
2:15 Afternoon Courtyard Walk
4:15 Manicures & Music
6:30 YouTube Trivia For Seniors

Grill Day
10:45 Family Meeting
11:15 Chair Exercises
2:15 Trivia in the Courtyard
4:15 Manicures & Music
6:30 Evening Courtyard Stroll

Victoria Day (Canada)

Grill Day
10:45 Family Meeting
11:15 Chair Exercises
2:15 **Patriotic Drum Show & Social in Courtyard**
4:15 Manicures & Music
6:30 Memorial Day Trivia

Memorial Day

10:45 Family Meeting
11:15 Read May Monthly Gazette
1:30 **Worship with Rev. Marsha**
4:15 May Color Club
6:30 Tuesday Trivia

10:45 Family Meeting
11:30 **Hymn Sing: Spiritual Eldercare on You Tube**
2:15 Golfing with Ross
3:00 *Puzzles with Stacy*
4:15 May Color Club
6:30 Tuesday Trivia

"Occupation Day"
10:45 Family Meeting
11:15 What Was Your Occupation?
1:30 **Worship with Rev. Marsha**
2:15 **Celebrate Older Americans Month**
4:15 May Color Club
6:30 Tuesday Trivia

World Turtle Day
10:45 Family Meeting
11:30 **Hymn Sing: Spiritual Eldercare on You Tube**
2:15 Poetry on the Front Porch
4:15 May Color Club
6:30 Tuesday Trivia

10:45 Family Meeting
11:30 **Hymn Sing: Spiritual Eldercare on You Tube**
2:15 Reminisce Time: College Grad Memories
4:15 May Color Club
6:30 Tuesday Trivia

10:45 Family Meeting
11:15 Chair Exercises
2:15 Sunglasses Day: Courtyard Social
4:15 Word Search & Puzzles
6:30 Listen to Folk Music with Carol

10:45 Family Meeting
11:15 Chair Exercises
2:15 All About Native American Culture with Jeanine
4:15 Word Search & Puzzles
6:30 YouTube Travels: Philippines

10:45 Family Meeting
11:15 Chair Exercises
2:15 Watercolor Painting with Jeanine
4:15 Word Search & Puzzles
6:30 Finish The Phrase

10:45 Family Meeting
11:15 Chair Exercises
2:15 Karaoke Time!
4:15 Word Search & Puzzles
6:30 YouTube Travels: Trip to Africa

10:45 Family Meeting
11:15 Chair Exercises
2:15 Karaoke Time!
4:15 Word Search & Puzzles
6:30 YouTube Travels: Oslo, Norway

10:45 Family Meeting
11:15 A-Z Trivia
2:15 Courtyard Social & Snack
4:15 Manicures & Music
5:00 **Therapy Dog Visits!**
6:30 Movie Night (Jack's Pick)

10:45 Family Meeting
11:15 Sing Along with Staff
2:30 *May Calendar Planning Day*
4:15 Manicures & Music
6:30 Night Movie (Peggy's Pick)

10:45 Family Meeting
11:15 Guess The Celebrity
2:15 **Wine & Cheese Tasting**
4:15 Manicures & Music
6:30 Walk Around The Courtyard

10:45 Family Meeting
11:15 Trivia with carol
2:15 Courtyard Social & Snack
4:15 Manicures & Music
6:30 Finish The Phrase

Shavuot Begins

Happy Birthday Ross!
Happy Cinco De Mayo!
10:45 Family Meeting
11:15 Chair Yoga
2:30 **Cinco De Mayo Music, Dance & More**
3:30 **HAPPY HOUR: Margarita's & Mini Churros**
6:30 All About Ross!

Nurses Day
10:45 Family Meeting
11:15 Chair Yoga
2:15 Who was Florence Nightingale?
3:15 **Pet Therapy with Gryffin**
3:30 **HAPPY HOUR!**
4:00 **Music Therapy w/ Lizzy**
6:30 Best of the 60s and 70s

10:45 Family Meeting
11:15 Chair Yoga
2:15 Balloon on a String
3:30 **HAPPY HOUR!**
6:30 Friday Night Movie (Carol's Pick)

"Spring Dreams & Ice Cream Day"
10:45 Family Meeting
11:15 Chair Yoga
2:15 **Courtyard Concert by Tom Dunn!**
3:30 **HAPPY HOUR!**
6:30 Friday Night Movie (Jeanine's Pick)

Kentucky Derby Day
10:45 Family Meeting
11:15 Watch Kentucky Derby
2:30 **Pet Therapy Visits with RocDog!**
4:15 Color Club & Word Searches
7:00 The Lawrence Welk Show

10:45 Family Meeting
11:15 Read Daily Gazette
2:30 Afternoon Snack & Chat Social
4:15 Color Cub & Word Searches
7:00 The Lawrence Welk Show

10:45 Family Meeting
11:15 Read Daily Gazette
2:30 Root Beer Floats
4:15 Color Cub & Word Searches
7:00 The Lawrence Welk Show

Armed Forces Day

10:45 Family Meeting
11:15 Card Games with Jack
2:30 Lemonade & Lorna Doone Social
4:15 Color Cub & Word Searches
7:00 The Lawrence Welk Show

Rochester Presbyterian Home at Cottage Grove

May 2023

Daisy's House

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.