

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>EVERY AFTERNOON AROUND 2PM WE ARE HAVING "HYDRATION STATION" WHERE WE OFFER AND ENCOURAGE ELDERLY TO DRINK BEVERAGES AND MAKE SURE THEY ARE STAYING HYDRATED THROUGHOUT THE DAY! PLEASE WRITE THIS ON THE WHITE BOARD TO INCORPORATE IN ACTIVITIES. THANK YOU!</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Relaxation Hour: Hand Massages &amp; Nature Sounds 4:15 Reading From Mother Goose Rhymes 6:30 Wheel of Fortune</p> <p>May Day</p>	<p>10:45 Family Meeting 11:15 <i>Worship with Rev. Marsha</i> 2:15 Big Picture Cards 4:15 Manicures &amp; Music 6:30 Bible Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Read May Monthly Gazette 4:15 Get Movin': House walk 6:30 Travel by Chair: Trip to Manhattan</p>	<p>10:45 Family Meeting 11:15 Name 10 Flowers 2:15 <b>Wine &amp; Cheese Tasting</b> 4:15 Manicures &amp; Music 6:30 YouTube: Day in the Life of a Firefighter</p>	<p><b>Happy Cinco De Mayo!</b> 10:45 Family Meeting 11:15 Chair Yoga <b>2:30 Cinco De Mayo Music, Dance &amp; More</b> <b>3:30 HAPPY HOUR: Margarita's &amp; Mini Churros</b> 6:30 Movie Night</p> <p>Cinco de Mayo</p>	<p><b>Kentucky Derby Day</b> 10:45 Family Meeting 11:15 Watch Kentucky Derby (NBC) <b>2:30 Pet Therapy Visits with RocDog!</b> 4:15 Reading Corner 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Afternoon Ball Toss Games 4:15 Dance Party with Marlene &amp; Marion 6:15 Good News Bible Reading</p>	<p><b>Nurses Week Grill Day</b> 10:45 Family Meeting 11:15 Chair Exercises <b>1:30 Entertainment by Musical Moments @ Helen's House</b> 4:15 Big Picture Flash Cards 6:30 Finish The Line</p>	<p>10:45 Family Meeting 11:15 Read Picture Books 2:00 Sing-Along with Susie Q <i>2:30 Visits With Stacy</i> 4:15 Manicures &amp; Music 6:30 Life in the 1500s</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Courtyard Walk 4:15 Naming Favorite Things of Spring 6:30 YouTube Travels: England!</p>	<p>10:45 Family Meeting 11:15 Name 10 Birds <i>2:30 May Calendar Planning Day</i> 4:15 Manicures &amp; Music 6:30 Travel by Chair: Trip to Minnesota</p>	<p><b>Nurses Day</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Who was Florence Nightingale? <b>3:15 Pet Therapy with Gryffin</b> <b>3:30 HAPPY HOUR!</b> 6:30 Movie Night</p>	<p>10:45 Family Meeting 11:15 Name That Animal (YouTube) 2:30 Sounds of the Waves 4:15 Group Reading: Chicken Soup for the Soul 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube <b>12-1: Mother's Day Brunch</b> <b>2:15 Mother's Day Social &amp; Concert by Jeff Elliott</b> 4:15 Mother's Day Trivia 6:15 365 Days of Prayer</p> <p>Mother's Day</p>	<p><b>Grill Day</b> 10:45 Family Meeting 11:15 Chair Exercises 2:30 Relaxation Hour: Hand Massages &amp; Nature Sounds 4:15 Root Beer Floats 6:30 Game Shows</p>	<p><b>"Occupation Day"</b> 10:45 Family Meeting <i>11:15 Worship with Rev. Marsha</i> <b>2:15 Celebrate Older Americans Month</b> 4:15 Manicures &amp; Music 6:30 Finish The Lyrics</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Afternoon Tea Tasting with Marion 4:15 Balloon Toss 6:30 Travel by Chair: Trip to Kansas</p>	<p>10:45 Family Meeting 11:15 Funny Animal Videos (YouTube) 2:15 Play the Piano with Marjorie 4:15 Manicures &amp; Music 6:30 All About Perry Como</p>	<p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Balloon Toss <b>3:30 HAPPY HOUR!</b> 6:30 Friday Night Movie</p>	<p>10:45 Family Meeting 11:15 Soft Sounds &amp; Spring Poems 2:30 Courtyard Social &amp; Snack 4:15 1:1 Visits with Elders 7:00 The Lawrence Welk Show</p> <p>Armed Forces Day</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Afternoon Ball Toss Games 4:15 Sing-Along w/ Susie Q 6:15 Reading From Good News Bible</p>	<p><b>Grill Day</b> 10:45 Family Meeting 11:15 Chair Exercises 2:15 Relaxation Hour: Hand Massages &amp; Nature Sounds 4:15 Sing Along with Susie Q 6:30 Group Reading: Chicken Soup for the Soul</p> <p>Victoria Day (Canada)</p>	<p><b>World Turtle Day</b> 10:45 Family Meeting 11:15 Pictures &amp; Facts About Turtles 2:15 Courtyard Social 4:15 Manicures &amp; Music 6:30 Game Show</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Pictures of Different Flowers 4:15 Dear Abby 6:30 All About Bill "Bojangles" Robinson</p>	<p>10:45 Family Meeting 11:15 Sounds of Nature 2:15 Courtyard Social &amp; Snack <b>3:30 ZUMBA with Denise</b> 6:30 Manicures &amp; Music</p> <p>Shavuot Begins</p>	<p><b>"Spring Dreams &amp; Ice Cream Day"</b> 10:45 Family Meeting 11:15 Chair Yoga <b>2:15 Courtyard Concert by Tom Dunn!</b> <b>3:30 HAPPY HOUR!</b> 6:30 Friday Night Movie</p>	<p>10:45 Family Meeting 11:15 Relaxing Bird Sounds 2:30 Afternoon Courtyard Walk 4:15 Lemonade &amp; Lorna Doone Social 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Afternoon Ball Toss Games 4:15 I Love Lucy &amp; Refreshments 6:15 365 Days of Prayer</p>	<p><b>Grill Day</b> 10:45 Family Meeting 11:15 Chair Exercises <b>2:15 Patriotic Drum Show &amp; Social in Courtyard</b> 4:15 Manicures &amp; Music 6:30 Memorial Day Trivia</p> <p>Memorial Day</p>	<p>10:45 Family Meeting 11:15 Rainforest Day: Soft Sounds of the Rainforest 2:15 Balloon Toss 4:15 Manicures &amp; Music 6:30 The Dick Van Dyke Show</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Dance Party with Marlene &amp; Marion 4:15 Afternoon Courtyard Social 6:30 The Golden Girls</p>	<p style="text-align: center;"><b>Rochester Presbyterian Home at Cottage Grove</b> <b>May * 2023</b> <i>Alice's House</i></p>		

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.