

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:45 Family Meeting 11:15 Chair Exercises 2:15 Craft: 4 Leaf Clovers 4:15 Jazz Music by Black Women Artists 6:30 YouTube Travels: Australia	10:45 Family Meeting 11:15 Read March Gazette 2:15 Balloon Toss <b>3:30 ZUMBA with Denise!</b> 4:15 Manicures & Music 6:30 Songs From The Sound of Music	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 YouTube: Sounds of Spring 3:15 Concert by Hanna @ Daisy's House <b>3:30 HAPPY HOUR!</b> 6:30 I Love Lucy	10:45 Family Meeting 11:15 1:1 Visits with Elders <b>2:30 Pet Therapy Visits with RocDog!</b> 4:15 Virtual Tour of Chicago 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snack & Chat Social 4:15 Group Reading: The Good News Bible 6:15 Devotions	10:45 Family Meeting 11:15 Chair Exercises 2:15 Name 10- Winter Edition 4:15 Poems by Elizabeth Browning 6:30 Wheel of Fortune  Purim Begins	10:30 Family Meeting 10:30 Communion <b>11:00 Worship with Rev. Marsha</b> 2:15 Relaxation Hour: Soft Sounds & Hand Massages 4:15 Manicures & Music 6:30 Read Daily Chronicle	10:45 Family Meeting 11:15 Chair Exercises 2:15 Group Sing-Along Songs 4:15 Ball Toss & Music 6:30 YouTube Travels: Italy	10:45 Family Meeting 11:15 Ball Toss Games 2:30 March Calendar Planning Day 4:15 Manicures & Music 6:30 All About Frankie Avalon	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Group Story Circle <b>3:30 HAPPY HOUR!</b> 6:30 All About Alexander Graham Bell	10:45 Family Meeting 11:15 Morning Movements & Daily Chronicle 2:30 Name That Animal Game (YouTube) 4:15 Show Big Picture Cards 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snack & Chat Social 4:15 Group Reading: The Good News Bible 6:15 365 Days of Prayer  Daylight Saving Time Begins	10:45 Family Meeting 11:15 Chair Exercises 2:30 Relaxation Time: Music & Hand Massages 4:15 Finish the Line 6:30 The Golden Girls	10:30 Family Meeting 10:30 Communion <b>11:30 Hymn Sing on YouTube</b> 2:15 Relaxation Hour: Soft Sounds & Hand Massages 4:15 Manicures & Music 6:30 Read Daily Chronicle	10:45 Family Meeting 11:15 Chair Exercises 2:15 Craft: I'm Lucky Because... 4:15 All About Auguste Escoffier 6:30 YouTube Travels: Kenya	10:45 Family Meeting 11:15 Funny Animal Videos on YouTube 2:15 Bowling 4:15 Manicures & Music 6:30 YouTube: National Panda Day	<b>Happy St. Patrick's Day!</b> <b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 St. Patrick's Day Facts & Pictures <b>3:15 Concert by Mike Sidoti!</b> <b>3:30 HAPPY HOUR!</b> 6:30 Friday Night Movie	10:45 Family Meeting 11:15 Read Bible Verses 2:30 Western Movie Matinee (Gregory Peck) & Snack 4:15 Finish The Line 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snack & Chat Social 4:15 Group Reading: The Good News Bible 6:15 Devotionals	<b>First Day of Spring</b> 10:45 Family Meeting 11:15 Chair Exercises 2:15 Spring Poems 4:15 Get Movin': House Walk 6:30 Group Story Circle  Spring Begins	<b>Happy Birthday Dianne!</b> 10:45 Family Meeting <b>11:00 Worship with Rev. Marsha</b> 2:15 Make Cookies 4:15 Manicures & Music 6:30 All About Dianne!	10:45 Family Meeting 11:15 Chair Exercises 2:15 Group Sing-Along Songs 4:15 Relaxation Hour: Soft Sounds & Hand Massages 6:30 YouTube Travels: Egypt  Ramadan Begins	10:45 Family Meeting 11:15 Cute Babies on YouTube 2:15 Big Soccer Ball 4:15 Manicures & Music 6:30 Hot Chocolate Social	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 A Day at the Zoo (YouTube) with Pictures <b>3:30 HAPPY HOUR!</b> 6:30 Evening House Walk	10:45 Family Meeting 11:15 Morning Movements & Daily Chronicle 2:30 Mother Goose Rhymes 4:15 All About Aretha Franklin & Music 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snack & Chat Social 4:15 Group Reading: The Good News Bible 6:15 365 Days of Prayer	10:45 Family Meeting 11:15 Chair Exercises 2:15 Big Picture Cards 4:15 Balloon Toss & Music 6:30 Movie Night: My Fair Lady	10:45 Family Meeting <b>11:30 Hymn Sing on YouTube</b> 2:15 Relaxation Hour: Soft Sounds & Hand Massages 4:15 Manicures & Music 6:30 Read Daily Chronicle	10:45 Family Meeting 11:15 Chair Exercises 2:15 Bird Sounds & Pictures 4:15 Finish The Line 6:30 YouTube Travels: Barbados	10:45 Family Meeting 11:15 Morning Movements & Daily Chronicle 2:15 Big Soccer Ball 4:15 Manicures & Music 6:30 1:1 Visits with Elders	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Celebrate Spain: Fun Facts & Pictures of Spain <b>2:45 Pet Therapy with Gryffin!</b> <b>3:30 HAPPY HOUR: Sangrias &amp; Empanadas</b> 6:30 Movie: Elders Choice	Rochester Presbyterian Home at Cottage Grove  Alice's House 

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.