

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;">December 2022 Rochester Presbyterian Home Helen's House</p>						
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Humor Me 4:15 UNO 6:15 Sunday Devotions	10:45 Family Meeting 11:15 Chair Exercises 2:30 Pet Therapy with Gryffin! 4:15 Manicures & Music 6:30 Holiday Choir Group Concert @ Alice	10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:00 Holiday Choir Sing-A-Long with Staff 4:15 Hot Chocolate Social 6:30 Tuesday Trivia	10:45 Family Meeting 11:15 Chair Exercises 2:15 Make Cut Out Snowflakes 4:15 A-Z Trivia 6:30 Pictionary	10:45 Family Meeting 11:15 Mini Golf 2:15 1:1 Visits and Life Story Books 3:00 ZUMBA with Denise 4:15 Welcome December Gazette 6:30 Christmas Around the World	**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Make Peppermint Bark 3:30 HAPPY HOUR! 6:30 Holiday Movie Night	10:45 Family Meeting 11:15 What Am I? 2:30 Pet Therapy with RocDog! 4:15 Happy Birthday BINGO 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Christmas Chat & Memories 4:15 BINGO 6:15 Sunday Devotionals	10:45 Family Meeting 11:15 Chair Exercises 2:15 Name 10- Christmas Edition 4:15 Manicures & Music 6:30 Finish The Phrase	10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:00 Holiday Choir Sing-A-Long with Staff 4:15 Hangman 6:30 Tuesday Trivia	10:45 Family Meeting 11:15 Chair Exercises 2:15 Uno with Betty 4:15 Parachute Fun 6:30 Trivia Book Time	Christmas Celebration Day! 10:45 Family Meeting 11:15 Stocking Craft 2:00 Christmas Party with Hors D'oeuvres, music & more! 2:00 Music With Jeff @ Mary's 4:15 Manicures & Music 6:30 Christmas Facts	**Donut Day** Ugly Sweater Day 10:45 Family Meeting 11:15 Chair Yoga 2:15 BINGO 3:30 HAPPY HOUR! 6:30 Movie Night: It's A Wonderful Life	10:45 Family Meeting 11:15 Funny Stories 2:30 Elders Choice 4:15 Trivia Book Time 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Christmas Movie Matinee 4:15 Hanukkah Facts 6:15 Sunday Devotionals Hanukkah Begins	10:45 Family Meeting 11:15 Chair Exercises 2:30 Pet Therapy with Gryffin! 4:15 Manicures & Music 6:30 Finish The Phrase	10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:00 Holiday Choir Sing-A-Long with Staff 4:15 Hangman 6:30 Tuesday Trivia	Gingerbread Day 10:45 Family Meeting 11:15 Chair Exercises 2:15 <i>All-House Gingerbread House Contest!</i> 4:15 Hot Chocolate Social & Chat 6:30 Trivia Book Time Winter Begins	Grinch Day 10:45 Family Meeting 11:15 Bake Holiday Cookies 2:30 Movie Matinee: How The Grinch Stole Christmas 4:15 Manicures & Music 6:30 Christmas Around the World	**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Make Reindeer Cookies 3:00 Music with Sam Snyder! 3:30 HAPPY HOUR! 6:30 Holiday Movie Night	Christmas Eve 10:45 Family Meeting 11:15 Spa Day: Pamper & Nails 2:30 Christmas Eve Social: Cookies & Eggnog 4:15 Read: 'Twas The Night Before Christmas by the fire 7:00 The Lawrence Welk Show
Merry Christmas! 10:45 Family Meeting <i>11:15 Open Gifts & Visits From Santa!</i> 2:30 Sing Christmas Carols 4:15 365 Days of Prayer 6:15 Christmas Movie Night Christmas	10:45 Family Meeting 11:15 Chair Exercises 2:15 Name That Tune 4:15 Manicures & Music 6:30 Finish The Phrase Boxing Day (Canada) Kwanzaa Begins	10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:00 Holiday Choir Sing-A-Long with Staff 4:15 Short Stories by the Fire 6:30 Tuesday Trivia	Happy Birthday Pat! 10:45 Family Meeting 11:15 Chair Exercises 2:15 Pictionary 4:15 Grandparent Chat 6:30 All About Pat!	10:45 Family Meeting 11:15 Color Club with Jean 2:15 Chicken Soup Reading 4:15 Manicures & Music 6:30 2022 Year in Review	**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Table Ball 3:30 HAPPY HOUR: 6:30 Holiday Movie Night	New Years Eve 10:45 Family Meeting 11:15 Party Preparations! 2:30 New Years Resolutions 4:15 Hangman 6:00 NYE Party & Countdown! 7:00 The Lawrence Welk Show New Year's Eve

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.