

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>Mary's House</b> Rochester Presbyterian Home at Cottage Grove</p>		10:45 Family Meeting <b>1</b> 11:15 <b>All-Saints Day Prayer</b> 1:30 Afternoon Stretches & Music 4:15 Tuesday Trivia 6:30 Sing-Along Songs with Susie Q	10:45 Family Meeting <b>2</b> 11:15 Chair Exercises 2:15 What is Round Game 3:00 <i>Worship @ Daisy's</i> 4:15 Name 10 Desserts 6:30 Sing-Along Songs with Susie Q	<b>Happy Birthday Betty! 3</b> 10:45 Family Meeting 11:15 <b>Cider Tasting</b> <b>3:00 ZUMBA with Denise!</b> 4:15 Manicures & Music 6:30 All About Betty	<b>**Donut Day** 4</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Elders Choice <b>3:30 HAPPY HOUR!</b> 6:30 Finish The Phrase	10:45 Family Meeting <b>5</b> 11:15 Centers 2:30 Trivia Book Time 4:15 Snack & Social Time 7:00 The Lawrence Welk Show	
	10:45 Family Meeting <b>6</b> 11:15 Morning Worship Service on You Tube 2:30 Sunday Movie Matinee & Snack Social 4:15 <b>Short Story: The Loaner Car</b> 6:15 Evening Puzzle Group Daylight Saving Time Ends	10:45 Family Meeting <b>7</b> 11:15 Chair Exercises <b>2:15 Pet Therapy with Griffon</b> 4:15 Manicures & Music 6:30 Singing With Connie	10:45 Family Meeting <b>8</b> 11:15 Morning Tea Group 1:30 Hymn Sing YouTube: Spiritual Eldercare Songs 4:15 Tuesday Trivia 6:30 After Dinner Table Ball	10:45 Family Meeting <b>9</b> 11:15 Chair Exercises 2:15 Tea Party <b>3:00 Worship @ Helen's</b> 4:15 Name The States 6:30 Sing-Along Songs with Susie Q	<b>All House Pie Day 10</b> 10:45 Family Meeting 11:15 Morning Chair Exercises <b>2:15 Pie Tasting!</b> 4:15 Manicures & Music 6:30 Charades	<b>**Donut Day** 11</b> 10:45 Family Meeting <b>11:15 Honoring Our Veterans</b> <b>3:00 Music By Hanna PK (Helens)</b> <b>3:30 HAPPY HOUR!</b> 6:30 Finish The Phrase Veterans Day Remembrance Day (Canada)	10:45 Family Meeting <b>12</b> 11:15 Picture Books & Puzzles <b>2:30 Pet Therapy with RocDog</b> 4:15 Snack & Social Time 7:00 The Lawrence Welk Show
	<b>Kindness Day 13</b> 10:45 Family Meeting 11:15 Morning Worship Service on You Tube <b>2:30 Card Making</b> 4:15 Card Games 6:15 Evening Puzzle Group	10:45 Family Meeting <b>14</b> 11:15 Chair Exercises 2:30 BINGO 4:15 Manicures & Music 6:30 Singing With Connie	10:45 Family Meeting <b>15</b> 11:30 Hymn Sing YouTube: Spiritual Eldercare Songs <b>2:15 All House Apple Peeling Contest</b> 4:15 Tuesday Trivia 6:30 After Dinner Table Ball	10:45 Family Meeting <b>16</b> 11:15 Chair Exercises 2:15 Sing-A-Long Songs <b>3:00 Worship @ Alice's</b> 4:15 Name 10 Thanksgiving Foods 6:30 Sing-Along Songs with Susie Q	10:45 Family Meeting <b>17</b> 11:00 Table Ball Roll <b>2:15 Eggnog Tasting</b> 4:15 Manicures & Music 6:30 Charades	<b>**Donut Day** 18</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Bake Rolls for Bread Day <b>3:30 HAPPY HOUR!</b> 6:30 Finish The Phrase	10:45 Family Meeting <b>19</b> 11:15 Fall Color Club 2:15 Roll The Dice Game 4:15 Snack & Social Time 7:00 The Lawrence Welk Show
	10:45 Family Meeting <b>20</b> 11:15 Morning Worship Service on You Tube 2:30 Sunday Movie Matinee & Snack Social 4:15 Card Games 6:15 Evening Puzzle Group	10:45 Family Meeting <b>21</b> 11:15 Chair Exercises <b>2:15 Pet Therapy with Griffon</b> 4:15 Manicures & Music 6:30 <b>History of the Television</b>	10:45 Family Meeting <b>22</b> 11:30 Hymn Sing YouTube: Spiritual Eldercare Songs 1:30 Tea Time 4:15 Tuesday Trivia 6:30 After Dinner Table Ball	10:45 Family Meeting <b>23</b> 11:15 Chair Exercises 2:15 Make A Prayer For Thanksgiving <b>3:00 Worship w/ Pastor Julius</b> 4:15 What Are You Thankful For? 6:30 Fold Napkins For Thanksgiving	9:00 Family Meeting <b>24</b> <b>9:00 Macy's Parade &amp; Social</b> <b>12:30 Thanksgiving Dinner</b> <b>12:30 Bills vs Lions</b> 2:15 Turkey Toss Games 4:15 Manicures & Music 6:30 Remembering Thanksgiving Traditions Thanksgiving Day (US)	<b>**Donut Day** 25</b> 10:45 Family Meeting 11:15 Chair Yoga <b>2:30 Music Concert by Mike Sidoti!</b> <b>3:30 HAPPY HOUR:</b> 6:30 Black Friday Fun Facts	10:45 Family Meeting <b>26</b> 11:15 <b>November Poems</b> 2:30 Help with Chores 4:15 Snack & Social Time 7:00 The Lawrence Welk Show
	10:45 Family Meeting <b>27</b> 11:15 Morning Worship Service on You Tube <b>2:30 Fun Facts on Advent</b> 4:15 Card Games 6:15 Evening Puzzle Group	10:45 Family Meeting <b>28</b> 11:15 Chair Exercises 2:15 Hallmark Movie Matinee 4:15 Manicures & Music 6:30 Singing With Connie	10:45 Family Meeting <b>29</b> <b>11:30 Hymn Sing YouTube:</b> Spiritual Eldercare Songs 1:30 Tea Time 4:15 Tuesday Trivia 6:30 After Dinner Table Ball	<b>Rockefeller Christmas Tree Lighting Day 30</b> 10:45 Family Meeting 11:15 Chair Exercises 2:15 Christmas Movie Matinee & Hot Cocoa Social <b>3:00 Worship @ Daisy's</b> 4:15 Finish The Phrase 6:30 Virtual Tour of: Scotland			

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.