



Nancy's

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p style="text-align: right;">1</p> 11:00 Games with Laura 2:00 Afternoon movie 3:30 Coloring 7:00 YouTube: Fall Foliage Adirondacks	<p style="text-align: right;">2</p> 11:00 Music and Grilling 2:00 Singalong with Suzy Q 3:30 Happy Hour 7:00 Crazy Stupid Love-Netflix movie	<p style="text-align: right;">3</p> 11:00 Hairstyles 2:00 Music with Debbie McCullough 3:30 Manicures 7:00 Lawrence welk
<p style="text-align: right;">4</p> 11:00 Hymn Sing 2:00 Pictionary 3:30 Sing along with Suzie Q 7:00 Evening Chat	<p style="text-align: right;">5</p> 11:00 Labor Day Trivia (Big Activity Book) 2:00 Creative Coloring 3:30 Labor Day Chat 7:00 Wheel of Fortune/Jeopardy	<p style="text-align: right;">6</p> 11:00 Moring Stretch-YouTube 2:00 3:30 Afternoon movie 7:00 Fred Astaire & Ginger Rogers - YouTube	<p style="text-align: right;">7</p> 11:00 EquiCenter Trip (1 elder sign up) 2:00 Senior Sing along 3:30 Exercise 7:00 Little Big Shots-YouTube	<p style="text-align: right;">8</p> 11:00 Parfait with Laura 2:00 Chat Summer Vacation 3:30 Sing along 7:00 Leave it to Beaver	<p style="text-align: right;">9</p> 11:00 1:1 Visits 2:00 Rat Pack-YouTube music 3:30 Happy Hour 7:00 Miss Congeniality - Netflix	<p style="text-align: right;">10</p> 11:00 Hairstyles 2:00 Manicures 3:30 Coloring 7:00 Lawrence welk

Activities are provided by Shabazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Laura Koon- laura.koon@rph.org Well Being Engagement Guide

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September – 2022