

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

				<p><b>Grill Day</b> 1</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Reminisce: How Did We Live Without... 4:15 Manicures &amp; Music 6:30 Evening Stretches</p>	<p><b>**Donut Day**</b> 2</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Facts on Rock N' Roll 3:30 HAPPY HOUR! Mini Cheese Pizza's 6:30 Evening Outdoor Walk</p>	<p>10:45 Family Meeting 3 11:15 Ball Toss 2:30 <i>Pet Therapy!</i> 4:15 BINGO 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 4 11:15 Morning Worship Service on You Tube 2:30 Sing-A-Long With Connie 4:15 Color Club &amp; Word Searches 6:15 Prayer with the Elders</p>	<p>10:45 Family Meeting 5 11:15 Chair Exercises 2:15 Audiobook on YouTube 4:15 Manicures &amp; Music 6:30 <b>Labor Day Facts: Guess The Occupation</b>  Labor Day</p>	<p>10:45 Family Meeting 6 11:30 <b>Hymn Sing on YouTube</b> 2:00 Outdoor Walk 4:15 Tuesday Trivia 6:30 Short Stories</p>	<p>10:45 Family Meeting 7 11:15 Chair Exercises 2:15 Afternoon Snacks &amp; Social Hour 4:15 Wednesday Word Games 6:30 Charades</p>	<p><b>Grill Day</b> 8</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Choir with Connie 4:15 Manicures &amp; Music 6:30 Finish the Phrase</p>	<p><b>**Donut Day**</b> 9</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 <b>Music Concert by Hanna PK! (Courtyard)</b> 3:30 HAPPY HOUR! 6:30 Friday Night Movie &amp; Popcorn</p>	<p>10:45 Family Meeting 10 11:15 Morning Chair Movements 2:30 Name 10 4:15 Balloon Tennis 7:00 The Lawrence Welk Show</p>
<p><b>Grandparents Day/9/11 Tribute</b> 11</p> <p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 <b>Trombone Concert by Christine (Courtyard)</b> 4:15 <b>The Special Bond with Grandparents</b> 6:15 News &amp; Views Grandparents Day</p>	<p><b>National Assisted Living Week: Spread the Light</b> 12</p> <p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Sorting &amp; Organizing 4:15 Manicures &amp; Music 6:30 Name 10</p>	<p><b>Minute to Win It Games</b> 13</p> <p>10:45 Family Meeting 11:30 <b>Hymn Sing on YouTube</b> 2:00 <b>Hunt for Treasure!</b> 2:30 <i>Pet Therapy with Griffon!</i> 4:15 Tuesday Trivia 6:30 Short Stories</p>	<p><b>Favorite Memories Day</b> 14</p> <p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Modeling Hat Day 4:15 Hangman 6:30 Charades</p>	<p><b>Polka Dot Day</b> 15</p> <p>10:45 Family Meeting 11:00 Music in the Courtyard with Dave 2:15 Cider &amp; Donut Social 4:15 Manicures &amp; Music 6:30 Game Show</p>	<p><b>Spirit Day</b> 16</p> <p><b>**Donut Day**</b></p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Music Social in the Courtyard 3:30 HAPPY HOUR! 6:30 Friday Night Movie &amp; Popcorn</p>	<p><b>Apple Day</b> 17</p> <p>10:45 Family Meeting 11:15 <b>Fun Apple Facts</b> 2:30 <i>Apple Day Sweet Social</i> 4:15 History Behind 'Apple Day': YouTube 7:00 The Lawrence Welk Show  Oktoberfest</p>
<p>10:45 Family Meeting 18 11:15 Morning Worship Service on You Tube 2:30 Praise &amp; Worship Songs 4:15 Color Club &amp; Word Searches 6:15 Finish the Phrase</p>	<p>10:45 Family Meeting 19 11:15 Mix &amp; Mingle: Meet Our Elders 2:15 <b>Let's Bake a Cake</b> 4:15 Manicures &amp; Music 6:30 Evening Stretches</p>	<p>10:45 Family Meeting 20 11:30 <b>Hymn Sing on YouTube</b> 1:30 1:1 Visits with Elders 4:15 Tuesday Trivia 6:30 Short Stories</p>	<p><b>Purple Day</b> 21</p> <p>10:45 Family Meeting 11:15 Chair Exercises 2:15 <i>All-House Purple Walk in Courtyard</i> 4:15 Elders Choice 6:30 Charades</p>	<p><b>First Day of Fall</b> 22</p> <p>10:45 Family Meeting 11:15 History of White Chocolate &amp; Tasting 2:15 <b>Courtyard Concert by Gene!</b> 4:15 Manicures &amp; Music 6:30 Game Show  Autumn Begins</p>	<p><b>**Donut Day**</b> 23</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 True or False 3:30 HAPPY HOUR: 6:30 Friday Night Movie &amp; Popcorn</p>	<p>10:45 Family Meeting 24 11:15 BINGO 2:30 Autumn Poems 4:15 Balloon Tennis 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 25 11:15 Morning Worship Service on You Tube 2:30 Tea Party! 4:15 Color Club &amp; Word Searches 6:15 1:1 Visits  Rosh Hashanah Begins</p>	<p>10:45 Family Meeting 26 11:15 Chair Exercises 2:15 Show &amp; Tell Time 4:15 Manicures &amp; Music 6:30 Finish the Phrase</p>	<p>10:45 Family Meeting 27 11:30 <b>Hymn Sing on YouTube</b> 2:30 <i>Pet Therapy with Griffon!</i> 4:15 Tuesday Trivia 6:30 Short Stories</p>	<p>10:45 Family Meeting 28 11:15 Chair Exercises 3:00 <b>Worship Service with Pastor Julius</b> 4:00 <b>Music Therapy with Kim!</b> 6:30 Charades</p>	<p><b>Grill Day</b> 29</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Choir with Connie 4:15 Manicures &amp; Music 6:30 Trivia Time</p>	<p><b>**Donut Day**</b> 30</p> <p>10:45 Family Meeting 11:15 <b>Facts About Ships</b> 2:15 Movie Matinee: Swiss Family Robinson 3:30 HAPPY HOUR: Make Homemade Guacamole 6:30 Friday Night Movie</p>	 <p><b>Mary's House</b> Rochester Presbyterian Home at Cottage Grove</p>

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.