

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Hangman 4:15 Puzzlemania 6:15 BINGO</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Guess That Smell 4:15 Manicures & Music 6:30 Labor Day Facts-Guess The Occupation</p> <p>Labor Day</p>	<p>10:45 Family Meeting 11:30 Hymn Sing on YouTube 1:30 Alphabetics 4:15 Color Club with Jean 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Mini Salami Sandwiches 4:15 Top 10 Lists 6:30 BINGO</p>	<p>Grill Day 10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 1:1 Visits 4:15 Manicures & Music 6:30 September Newsletter</p>	<p>**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:30 ZUMBA with Denise! 3:30 HAPPY HOUR! Mini Cheese Pizza's 6:30 UNO</p>	<p>10:45 Family Meeting 11:15 Roseanne 2:30 <i>Pet Therapy!</i> 4:15 All About Frederick Douglass (YouTube) 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Hangman 4:15 Puzzlemania 6:15 BINGO</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Guess That Smell 4:15 Manicures & Music 6:30 Labor Day Facts-Guess The Occupation</p> <p>Labor Day</p>	<p>10:45 Family Meeting 11:30 Hymn Sing on YouTube 1:30 Alphabetics 4:15 Color Club with Jean 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Mini Salami Sandwiches 4:15 Top 10 Lists 6:30 BINGO</p>	<p>Grill Day 10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Name That Tune 4:15 Manicures & Music 6:30 Bowling</p>	<p>**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Music Concert by Hanna PK! (Courtyard) 3:30 HAPPY HOUR! 6:30 Movie Night</p>	<p>10:45 Family Meeting 11:15 Knock Knock Jokes 2:30 Movie Matinee 4:15 BINGO 7:00 The Lawrence Welk Show</p>
<p>Grandparents Day/9/11 Tribute 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Trombone Concert by Christine (Courtyard) 4:15 The Special Bond with Grandparents 6:15 News & Views</p> <p>Grandparents Day</p>	<p>National Assisted Living? Week: Spread the Light 10:45 Family Meeting 11:15 Chair Exercises 2:15 Movie Time: Lassie 4:15 Manicures & Music 6:30 Evening Stretches</p>	<p>Minute to Win It Games 10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:30 <i>Pet Therapy with Griffon!</i> 4:15 Read Horoscopes 6:30 Tuesday Trivia</p>	<p>Favorite Memories Day 10:45 Family Meeting 11:15 Chair Exercises 3:00 Worship Service with Pastor Julius 4:15 Cup of Soup Reading 6:30 BINGO</p>	<p>Polka Dot Day 10:45 Family Meeting 11:00 Music in the Courtyard with Dave 2:15 Cider & Donut Social 4:15 Manicures & Music 6:30 Armchair Trip: China</p>	<p>Spirit Day **Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Music Social in the Courtyard 3:30 HAPPY HOUR! 6:30 Balloon Blast</p>	<p>Apple Day 10:45 Family Meeting 11:15 Fun Apple Facts 2:30 <i>Apple Day Sweet Social</i> 4:15 History Behind 'Apple Day': YouTube 7:00 The Lawrence Welk Show</p> <p>Oktoberfest</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Devotional 4:15 JENGA 6:15 Elders Choice</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 What Am I? 4:15 Manicures & Music 6:30 UNO</p>	<p>10:45 Family Meeting 11:30 Hymn Sing on YouTube 1:30 Name Blue Foods 4:15 Color Club with Jean 6:30 Tuesday Trivia</p>	<p>Purple Day 10:45 Family Meeting 11:15 Chair Exercises 2:15 <i>All-House Purple Walk in Courtyard</i> 4:15 Cup of Soup Reading 6:30 Bananagrams</p>	<p>First Day of Fall 10:45 Family Meeting 11:15 History of White Chocolate & Tasting 2:15 Courtyard Concert by Gene! 4:15 Manicures & Music 6:30 BINGO</p> <p>Autumn Begins</p>	<p>**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Fall Bus Ride 3:30 HAPPY HOUR: 6:30 Bananagrams</p>	<p>10:45 Family Meeting 11:15 Morning Coffee & Conversation 2:30 1:1 Visits 4:15 Cup Of Soup Reading 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Coupon Clipping 4:15 Sunday Devotional 6:15 News & Views</p> <p>Rosh Hashanah Begins</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Story Time with Jean 4:15 Manicures & Music 6:30 Housewalk</p>	<p>10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:30 <i>Pet Therapy with Griffon!</i> 4:15 Color Club with Jean 6:30 Tuesday Trivia</p>	<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Hangman 4:15 Cup of Soup Reading 6:30 Bananagrams</p>	<p>Grill Day 10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Hot Chocolate Social 4:15 Manicures & Music 6:30 Name 10</p>	<p>**Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Make Homemade Guacamole 3:30 HAPPY HOUR: 6:30 Bananagrams</p>	<p>Helen's House Rochester Presbyterian Home at Cottage Grove</p> 

Activities are provided by the Shahbazim in each house. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz.