

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

				<p>Grill Day 1</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Sing Mary Had A Little Lamb 4:15 Manicures & Music 6:30 Read Monthly Gazette</p>	<p>**Donut Day** 2</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Listen to 'Indian Love Call' (YouTube) 3:30 HAPPY HOUR! Mini Cheese Pizza's 6:30 Movie Night!</p>	<p>10:45 Family Meeting 3 11:15 Read Positive Affirmations 2:30 Pet Therapy! 4:15 Movie: Tea For Two 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 4 11:15 Morning Worship Service on You Tube 2:30 Read 'The Tale of Peter Rabbit' 4:15 1:1 Visits 6:15 AFV & Snack Hour</p>	<p>10:45 Family Meeting 5 11:15 Chair Exercises 2:15 Celebrate Service Dogs: Watch Dog Show 4:15 Group Sing-A-Long 6:30 Finish The Line</p> <p>Labor Day</p>	<p>10:45 Family Meeting 6 11:30 Hymn Sing on YouTube 1:30 Bible Study 4:15 Manicures & Music 6:30 Ball Toss</p>	<p>10:45 Family Meeting 7 11:15 Music & Dance: Hits of the 60s 2:30 Ice Cream Sundae Social 4:15 Afternoon Chair Exercises 6:30 Life in the 1500s</p>	<p>Grill Day 8</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Babies on YouTube 4:15 Manicures & Music 6:30 Puzzles with Marian</p>	<p>**Donut Day** 9</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Music Concert by Hanna PK! (Courtyard) 3:30 HAPPY HOUR! 6:30 Movie Night</p>	<p>10:45 Family Meeting 10 11:15 Dear Abby 2:30 Music & Picture Books 4:15 House Walk 7:00 The Lawrence Welk Show</p>
<p>Grandparents Day/9/11 Tribute 11</p> <p>10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Trombone Concert by Christine (Courtyard) 4:15 The Special Bond with Grandparents 6:15 AFV & Snack</p> <p>Grandparents Day</p>	<p>National Assisted Living Week: Spread the Light 2</p> <p>10:45 Family Meeting 11:15 Treasure Hunt 2:15 Balloon Toss 4:15 Golden Girls 6:30 Group Sing-A-Long</p>	<p>Minute to Win It Games 13</p> <p>10:45 Family Meeting 11:30 Hymn Sing on YouTube 2:30 Pet Therapy with Griffon! 4:15 Manicures & Music 6:30 Evening Stretches</p>	<p>Favorite Memories Day 14</p> <p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Word Game Wednesday 4:15 Big Picture Cards (Closet) 6:30 1:1 Visits</p>	<p>Polka Dot Day 15</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Cider & Donut Social 4:15 Manicures & Music 6:30 Evening Table Stretches</p>	<p>Spirit Day 16</p> <p>**Donut Day**</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Music Social in the Courtyard 3:30 HAPPY HOUR! 6:30 Movie Night!</p>	<p>Apple Day 17</p> <p>10:45 Family Meeting 11:15 Fun Apple Facts 2:30 Apple Day Sweet Social 4:15 History Behind 'Apple Day': YouTube 7:00 The Lawrence Welk Show</p> <p>Oktoberfest</p>
<p>10:45 Family Meeting 18 11:15 Morning Worship Service on You Tube 2:30 Gospel Music 4:15 365 Days of Prayer 6:15 AFV & Snack Hour</p>	<p>10:45 Family Meeting 19 11:15 Chair Exercises 2:15 1:1 Visits 4:15 Music & Picture Books 6:30 Mother Goose Rhymes</p>	<p>10:45 Family Meeting 20 11:30 Hymn Sing on YouTube 1:30 Bible Study 4:15 Manicures & Music 6:30 Naming Food A-Z</p>	<p>Purple Day 21</p> <p>10:45 Family Meeting 11:15 Chair Exercises 2:15 All-House Purple Walk in Courtyard 3:00 Worship Service with Pastor Julius 4:15 Movie Day: The King & I 6:30 Wheel of Fortune</p>	<p>First Day of Fall 22</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 Courtyard Concert by Gene! 4:15 Manicures & Music 6:30 The Dick Van Dyke Show</p> <p>Autumn Begins</p>	<p>**Donut Day** 23</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Best of Ray Charles 3:30 HAPPY HOUR: 6:30 Movie Night!</p>	<p>10:45 Family Meeting 24 11:15 Pictures of Fishing 2:30 Guess The Year 4:15 Hand Massages & Music 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 25 11:15 Morning Worship Service on You Tube 2:30 Gospel Music 4:15 365 Days of Prayer 6:15 AFV & Snack Hour</p> <p>Rosh Hashanah Begins</p>	<p>10:45 Family Meeting 26 11:15 Chair Exercises 2:15 Music Hour: One Hit Wonders 4:15 Balloon Toss 6:30 A-Z Trivia</p>	<p>10:45 Family Meeting 27 11:30 Hymn Sing on YouTube 2:30 Pet Therapy with Griffon! 4:15 Manicures & Music 6:30 Facts About The 50 States</p>	<p>10:45 Family Meeting 28 11:15 Chair Exercises 2:15 Music & Picture Books 3:30 Music Therapy with Kim! 6:30 The Singing Nun</p>	<p>Grill Day 29</p> <p>10:45 Family Meeting 11:15 Music in the Courtyard with Dave 2:15 1:1 Visits With Elders 4:15 Manicures & Music 6:30 Game Show</p>	<p>**Donut Day** 30</p> <p>10:45 Family Meeting 11:15 Chair Yoga 2:15 Make Homemade Guacamole 3:30 HAPPY HOUR: 6:30 Movie Night!</p>	 <p>Alice's House Rochester Presbyterian Home at Cottage Grove</p>

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.