

# Helene's

Sunday 7/30	Monday 8/1	Tuesday 8/2	Wednesday 8/3	Thursday 8/4 Hairdresser Day	Friday 8/5	Saturday 8/6
<u>11:15</u> Daily Horoscopes <u>2:30</u> Hymn Sing -YouTube <u>4:15</u> Sitting outside front porch <u>7:00</u> I Love Lucy Show-YouTube	<u>11:00</u> Drums with Barb <u>2:30</u> Sing-along <u>4:30</u> Summer Coloring <u>7:00</u> Irish Dancing-YouTube	<u>10:00</u> Trivia <u>11:15</u> Morning Exercise <u>2:30</u> Afternoon Movie <u>4:15</u> Uno <u>7:00</u> Nat King Cole Music-YouTube	<u>11:15</u> Afternoon Trivia with <u>2:00</u> Playing big Jenga <u>4:15</u> Coloring <u>7:00</u> Wheel of Fortune/Jeopardy	<u>11:15</u> Trivia <u>2:00</u> Family Feud -YouTube <u>4:15</u> The three Stooges -YouTube <u>6:30</u> Irish Music	<u>11:00</u> Music and Grilling <u>2:30</u> <u>3:30</u> Happy Hour <u>7:00</u> Police Academy Netflix	<u>11:15</u> Coffee and Newspaper <u>2:15</u> Sing along - YouTube <u>4:15</u> Old Wives Tale (Big Activity Book) <u>7:00</u> Lawrence Welk Channel 21
Sunday 8/7	Monday 8/8	Tuesday 8/9	Wednesday 8/10	Thursday 8/11 Hairdresser Day	Friday 8/12	Saturday 8/13
11:00 Hymn sing 2:00 Ball Toss 3:30 Hang man 7:00 Evening Porch Chats	11:00 Exercise 2:00 Summer Coloring 3:30 Collage with Laura 7:00 Jeopardy	11:00 <b>Zumba with Denise -Courtyard</b> 2:00 Dear Abby 3:30 Volleyball-Courtyard with Laura 7:00 Irish Dancing-YouTube	11:00 Yoga-YouTube 2:00 Afternoon movie 3:30 7:00 American Funniest Home videos	11:00 Morning Exercise 2:00 <b>Senior Strummers - Courtyard</b> 3:30 Manicures 7:00 The Brady Bunch Movie	11:00 Music and Grilling 2:00 Trivia 3:30 Happy Hour 7:00 Movie Night	11:00 <u>2:15</u> <i>Live Music with The Fiddlers of the Genesee-Courtyard (Weather Permitting)</i> 3:30 Summer Coloring 7:00 Lawrence Welk Channel 21

Activities are provided by Shahbaz within the residence. Activities are subject to change, please check with Shahbazim for more information.

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