

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>June 2022</h1>			<p>10:45 Family Meeting 1 11:15 Chair Exercises 2:30 Chip Tasting 4:15 Music in the Courtyard 6:30 Travelogue: 25 Most Beautiful Places in America</p>	<p>Happy Birthday Helen! 2 10:45 Family Meeting 11:15 All About Helen & Birthday Poem! 2:30 All-House Garden Club 4:15 Ice Cream Cones 6:30 Word Searches & Puzzles</p>	<p>**Donut Day** 3 10:45 Family Meeting 11:15 Chair Yoga 2:15 Garden Club 3:30 HAPPY HOUR! 6:30 Bowling!</p>	<p>10:45 Family Meeting 4 11:15 Karaoke in the Courtyard! 2:30 Charades 4:15 Group Courtyard Walk 7:00 The Lawrence Welk Show</p> <p>Shavuot Begins</p>
<p>10:45 Family Meeting 5 11:15 Morning Worship Service on You Tube 2:30 Popsicle Social 4:15 June Monthly Gazette 6:15 Pet Appreciation Day: Cute Animals on YouTube</p>	<p>10:45 Family Meeting 6 11:15 Chair Exercises 2:00 Movie Star Trivia 4:15 Manicures & Music 6:30 Elder Spotlight</p>	<p>10:45 Family Meeting 7 11:30 Reminiscing Our Pets 2:15 Chair Volleyball with Heather 4:15 June IQ 6:30 Reminiscing: Life Story Books</p>	<p>10:45 Family Meeting 8 11:15 Sit & Be Fit 2:15 Game Time: Dice Roll 4:15 Music in the Courtyard 6:30 Table Ball</p>	<p>10:45 Family Meeting 9 11:15 Color Club 2:15 July Activity Calendar Planning Meeting 4:15 Bird Watching on the Porch 6:30 Word Searches & Puzzles</p>	<p>Happy Birthday Dolores! 10 **Donut Day** 9:30 Family Meeting 11:00 Picture Weaving in the Courtyard with Heather! 2:15 All About Dolores & Birthday Poem! 3:30 HAPPY HOUR! 4:15 Summer Craft w/ Heather 6:15 Movie Night & Popcorn</p>	<p>Animal Day! 11 10:45 Family Meeting 11:15 Name 10 2:15 Name That Animal Quiz 4:15 Snack & Social Time 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 12 11:15 Morning Worship Service on You Tube 2:30 Front Porch Lemonade Social 4:15 365 Days of Prayer Book 6:30 Living Room Concert: Kenny Rogers Live</p>	<p>10:45 Family Meeting 13 11:15 Morning Chair Movements 2:15 Summer Time Sing Along 4:15 Big Jenga 6:30 After Dinner Table Ball</p>	<p>10:45 Family Meeting 14 11:15 Make Cupcakes 1:30 Worship w/ Rev. Marsha 4:15 Tuesday Trivia 6:30 Game Show</p> <p>Flag Day (US)</p>	<p>10:45 Family Meeting 15 11:15 Chair Exercises 2:15 Music in the Courtyard 4:15 Travel by Chair: 25 Greatest Wonders of the World (YouTube) 6:30 Dick Van Dyke Show</p>	<p>10:45 Family Meeting 16 11:15 Story Time 2:15 Courtyard Concert by Hanna PK! 4:15 Manicures, Music & Hand Massages 6:30 Word Searches & Puzzles</p>	<p>**Donut Day** 17 10:45 Family Meeting 11:15 Chair Yoga 2:15 Music & Instrument Circle 3:30 HAPPY HOUR! 6:30 Bowling!</p>	<p>10:45 Family Meeting 18 9:45 Trip to Hidden Valley! 2:15 Sing-Along Songs 4:15 Snack & Social Time 7:00 The Lawrence Welk Show</p>
<p>Happy Father's Day! 19 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Why We Love Our Dad's 4:15 365 Days of Prayer Book 6:30 Big Trivia Book Fun</p> <p>Father's Day Juneteenth</p>	<p>10:45 Family Meeting 20 11:15 Morning Chair Movements 2:30 ZUMBA with Denise! 4:15 Manicures & Music 6:30 Name 10- Summer Edition</p>	<p>9:30 Family Meeting 21 11:15 BINGO & Snacks 3:00 Flower Arranging with Heather 4:15 Tuesday Trivia 6:30 Game Show</p> <p>Summer Begins</p>	<p>Baseball Day 22 10:45 Family Meeting 11:30 Red Wings Baseball Game Outing! 2:15 Music in the Courtyard 4:15 Afternoon Stretches & Daily Chronicle 6:30</p>	<p>10:45 Family Meeting 23 11:15 Color Club 2:15 Flower Arranging 4:15 Manicures, Music & Hand Massages 6:30 Word Searches & Puzzles</p>	<p>Carnival Day! 24 **Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Carnival Games in the Courtyard 3:30 HAPPY HOUR! Cotton Candy 6:30 Bowling!</p>	<p>Lollipop Day 25 10:45 Family Meeting 11:15 Book Club 2:15 How Lollipops Are Made (YouTube) 4:15 Snack & Social Time 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 26 11:15 Morning Worship Service on You Tube 2:30 4:15 365 Days of Prayer Book 6:15 Big Trivia Book Fun</p>	<p>10:45 Family Meeting 27 11:15 Morning Book Club 2:00 Outdoor Parachute Fun 4:15 Manicures & Music 6:30 After Dinner Table Ball</p>	<p>National Milk Chocolate Day 28 10:45 Family Meeting 11:15 Fun Facts about Chocolate 1:30 Worship w/ Rev. Marsha 4:15 Tuesday Trivia 6:30 Game Show</p>	<p>10:45 Family Meeting 29 11:15 YouTube Yoga 2:15 Bubbles & Milkshakes in Courtyard 4:15 Music in the Courtyard 6:30 Table Talk</p>	<p>10:45 Family Meeting 30 11:15 Color Club 2:15 Courtyard Concert by Josh Shapiro! 4:15 Manicures, Music & Hand Massages 6:30 Word Searches & Puzzles</p>	<p>Mary's House Rochester Presbyterian Home at Cottage Grove</p> 	

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.
 Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide