

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>June 2022</h1>			<p>10:45 Family Meeting 11:15 Chair Exercises 2:15 Puzzlemania 4:15 Marilyn Monroe Film 6:30 Wheel Of Fortune</p>	<p>2 10:45 Family Meeting 11:15 BINGO 2:30 All-House Garden Club 3:30 <i>Music Therapy with Kim Best!</i> 6:30 Word Searches & Puzzles</p>	<p>3 **Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Alphabetics 3:30 HAPPY HOUR! 6:30 Friday Night Movie!</p>	<p>4 10:45 Family Meeting 11:30 Karaoke in The Courtyard! 2:30 Cheese Tasting & Facts 4:15 Comedy Hour with The Rat Pack (YouTube) 7:00 The Lawrence Welk Show</p> <p>Shavuot Begins</p>
<p>5 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Table Ball 4:15 June Monthly Gazette 6:15 News & Views Hour</p>	<p>6 10:45 Family Meeting 11:15 Chair Exercises 2:00 Lemonade Social 4:15 Manicures & Music 6:30 Elder Spotlight</p>	<p>7 10:45 Family Meeting 11:30 Worship w/ Rev. Marsha 2:30 Naming Summer Activities A-Z 4:15 June IQ Quiz 6:30 Finish The Phrase</p>	<p>8 10:45 Family Meeting 11:15 Sit & Be Fit 2:15 Courtyard Walk 4:15 Travel by Chair: 25 Greatest Wonders of the World (YouTube) 6:30 News & Views</p>	<p>9 10:45 Family Meeting 11:15 Iced Tea Front Porch Social 2:15 Chair Volleyball with Heather 4:15 Manicures, Music & Hand Massages 6:30 Word Searches & Puzzles</p>	<p>10 **Donut Day** 10:45 Family Meeting 11:15 Picture Weaving in the Courtyard with Heather! 2:15 What Am I? 3:30 HAPPY HOUR! 6:15 Name 10- Summer Edition</p>	<p>11 Animal Day! 10:45 Family Meeting 11:15 Karaoke Time! 2:00 Finish The Line 4:15 Name That Animal Quiz 7:00 The Lawrence Welk Show</p>
<p>12 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 <i>Movie Matinee & Popcorn</i> 4:15 History of Hershey's 6:30 365 Days of Prayer Book</p>	<p>13 Happy Birthday Andy! 10:45 Family Meeting 11:15 Morning Chair Movements 2:15 <i>All About Andy & Birthday Poem!</i> 4:15 Comedy Hour: The Jack Benny Program on YouTube 6:30 News, Views & Chat</p>	<p>14 10:45 Family Meeting 11:15 Picnic at the Park! 2:30 Ice Cream Floats 4:15 Chicken Soup Story Circle 6:30 Tuesday Trivia</p> <p>Flag Day (US)</p>	<p>15 10:45 Family Meeting 11:15 Chair Exercises 2:15 Bubble Blast 4:15 Courtyard Walk 6:30 Dick Van Dyke Show</p>	<p>16 10:45 Family Meeting 11:15 Name That Car 2:15 Courtyard Concert by Hanna PK! 4:15 Manicures, Music & Hand Massages 6:30 Word Searches & Puzzles</p>	<p>17 **Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 Big Jenga 3:30 HAPPY HOUR! 6:30 Friday Night Movie!</p>	<p>18 10:45 Family Meeting 11:15 Tongue Twisters 2:15 Front Porch Lemonade Social 4:15 Reminiscing: Life Story Books 7:00 The Lawrence Welk Show</p>
<p>19 Happy Father's Day! 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 <i>Father's Day Social</i> 4:15 Why We Love Our Dad's 6:30 365 Days of Prayer Book</p> <p>Father's Day Juneteenth</p>	<p>20 10:45 Family Meeting 11:15 Morning Chair Movements 2:15 Ice Cream Social 4:15 Manicures & Music 6:30 Living Room Concert: Kenny Rogers Live</p>	<p>21 10:45 Family Meeting 11:15 Worship w/ Rev. Marsha 2:00 Bird Watching on the Front Porch 2:30 All-House Courtyard Walk in Honor of The Longest Day 3:00 Table Bowling 6:30 Tuesday Trivia</p> <p>Summer Begins</p>	<p>22 Baseball Day 10:45 Family Meeting 11:30 Red Wings Baseball Game Outing! 2:15 Front Porch Social 4:15 Afternoon Stretches 6:30 Travelogue: 25 Most Beautiful Places in America</p>	<p>23 10:45 Family Meeting 9:45 Trip to Hidden Valley! 2:15 Chair Volleyball with Heather 4:15 Manicures, Music & Hand Massages 6:30 Name That Tune</p>	<p>24 Carnival Day! **Donut Day** 10:45 Family Meeting 11:15 Chair Yoga 2:15 <i>Carnival Games in the Courtyard</i> 3:30 HAPPY HOUR! Cotton Candy 6:30 Friday Night Movie!</p>	<p>25 Lollipop Day 10:45 Family Meeting 11:15 Horoscope Reading 2:15 Dear Abby 4:15 How Lollipops Are Made (YouTube) 7:00 The Lawrence Welk Show</p>
<p>26 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Coupon Clipping 4:15 365 Days of Prayer Book 6:15 News, Views & Chat</p>	<p>27 10:45 Family Meeting 11:15 Outdoor Soccer Game 2:00 Reading Circle: Chicken Soup Reading 4:15 Manicures & Music 6:30 News, Views & Chat</p>	<p>28 National Milk Chocolate Day 10:45 Family Meeting 11:15 Name That Celebrity with Heather 2:15 Summer Time Sing-Along 4:15 Chicken Soup Story Circle 6:30 Tuesday Trivia</p>	<p>29 10:45 Family Meeting 11:15 YouTube Yoga 2:15 Margarita's on the Patio 4:15 Courtyard Walk 6:30 News, Views & Chat</p>	<p>30 10:45 Family Meeting 11:15 Adult Color Club 2:15 Courtyard Concert by Josh Shapiro! 4:15 Manicures, Music & Hand Massages 6:30 Word Searches & Puzzles</p>	<p>Helen's House Rochester Presbyterian Home at Cottage Grove</p> 	

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.
 Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide