

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Silly Animal Videos 4:15 May Monthly Gazette 6:15 A-Z Trivia  May Day	10:45 Family Meeting 11:15 Chair Exercises 2:15 Courtyard Walk & Water Flowers 4:15 Manicures & Music 6:30 Elder Spotlight	10:45 Family Meeting 11:15 Worship with Rev. Marsha 2:30 YouTube Travels: Explore Spain 4:15 May IQ 6:30 Pete Seeger Day: Listen to Music	10:45 Family Meeting 11:15 Chair Exercises 2:15 Bowling! 4:15 OJ Day: Fun Facts & Tasting 6:30 Movie Night: Ross's Choice	<b>Cinco De Mayo!</b> Happy Birthday Ross! 10:45 Family Meeting 11:15 All About Ross! 2:30 Cinco de Mayo Social & Courtyard Games 4:15 Chair Travels to Mexico 6:30 Andy Griffith Show  Cinco de Mayo	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Guess The Capital (YouTube) 3:30 HAPPY HOUR! 6:30 Name 10 Challenge	10:45 Family Meeting 11:30 Short Story: Coffee & Sugar 1:00 Kentucky Derby Race! 2:30 Horse Racing with Heather 4:15 Make Creamy Orange Smoothies 7:00 The Lawrence Welk Show
<b>Happy Mothers Day!</b> 10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:15 Mother's Day Poems 4:00 Mothers Day Social 6:30 AFV  Mother's Day	10:45 Family Meeting 11:15 Morning Chair Movements 2:15 Hello Dolly Day! Dolly Parton Facts & Music 4:15 Afternoon Garden Walk & Talk 6:30 Living Room Concert: Billy Joel	10:45 Family Meeting 1:30 Big Soccer Ball Challenge with Marshall 2:00 Wine & Chocolate Pairing with Heather 4:15 Jigsaw Puzzles 6:30 Fun Facts & Videos of Oceans	<b>Night Shift Appreciation Day!</b> 10:45 Family Meeting 11:15 Sit & Be Fit 2:15 Hostess Cupcake Day Social 4:15 Write Thank You Cards to Night Shift 6:30 After Dinner Table Ball	<b>Nurses/ Med-Tech Day</b> 10:45 Family Meeting 11:15 A-Z Trivia From Binder 2:15 June Activity Calendar Planning Meeting 4:15 Manicures, Music & Hand Massages 6:30 Thank Cards to Nurses	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 YouTube Yoga 2:15 Big Soccer Ball Fun 3:30 HAPPY HOUR! 4:00 Music Therapy by Kim Best! 6:15 Finish The Phrase	10:45 Family Meeting 11:15 Elders Choice 2:00 BINGO! 4:15 Snack & Chat Social 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snacks & Social 4:15 Trivia Time (From Trivia Binder) 6:30 AFV	10:45 Family Meeting 11:15 Morning Chair Movements 2:15 Poetry on the Front Porch 4:15 Manicures & Music 6:30 After Dinner Table Ball	10:45 Family Meeting 11:15 Worship with Rev. Marsha 2:30 Name That Tune! 4:15 Tea & Cracker Social 6:30 Jigsaw Puzzles	<b>Perry Como Day</b> 10:45 Family Meeting 11:15 Chair Exercises 2:15 Karaoke Hour! 4:15 Remembering Perry Como: Biography 6:30 Perry Como Music Hits	10:45 Family Meeting 11:15 Morning Garden Walk in Courtyard 2:15 Baking with Jack 4:15 Manicures, Music & Hand Massages 6:30 Color with Ross & Gail	<b>**Donut Day**</b> Welcome Summer Day! 10:45 Family Meeting 11:15 Spring Wooden Craft Boxes with Heather 2:30 Courtyard Party Concert by Tom Dunn! 3:30 HAPPY HOUR! 6:30 Puzzle Hour	10:45 Family Meeting 11:15 Morning Stretch & Daily Chronicle 2:15 Balloon on a String Game 4:15 Hand Massages & Music 7:00 The Lawrence Welk Show  Armed Forces Day
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snacks & Social 4:15 Trivia Time (From Trivia Binder) 6:15 AFV	10:45 Family Meeting 11:15 Chair Yoga 2:00 Color Club With Gail 4:15 Manicures & Music 6:30 Steve Harvey's Family Feud  Victoria Day (Canada)	10:45 Family Meeting 11:15 Golf Challenge! 1:30 Red White & Blue Fun with Heather 4:15 Name That Animal (YouTube) 6:30 Evening Courtyard Walk	10:45 Family Meeting 11:15 YouTube Yoga 2:15 Spring Color Club & Word Searches 4:15 Trivia Book Fun 6:30 Movie Night: Jerry's Choice	10:45 Family Meeting 11:15 Count Your Steps: Courtyard Walk 2:15 Trivia with Jack 4:15 Manicures, Music & Hand Massages 6:30 Golden Girls	<b>**Donut Day**</b> 10:45 Family Meeting 11:15 Chair Yoga 2:15 Music Hour: Hits of the 80s 3:30 HAPPY HOUR! 6:30 Popcorn & Movie Night	<b>Share A Coke Day</b> 10:45 Family Meeting 11:15 Dolphin Facts & Videos 2:15 Older Americans Month Appreciation Activity (Courtyard) 4:15 Coco-Cola Floats 7:00 The Lawrence Welk Show
10:45 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Sunday Snacks & Social 4:15 Trivia Time (From Trivia Binder) 6:15 AFV	<b>Memorial Day</b> 10:45 Family Meeting 11:15 Spring BINGO! 2:30 Memorial Day Tribute Music by Christine (Courtyard) 4:15 Manicures & Music 6:30 Favorite Animals (Youtube)  Memorial Day	10:45 Family Meeting 11:15 Worship with Rev. Marsha 2:30 June Bulletin Board Decor 4:15 Music Hour: Jack's Pick of Music 6:30 Word Searches	 <p><b>Rochester Presbyterian Home at Cottage Grove - Daisy's House</b></p> <h1>May 2022</h1>			

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.  
 Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide