

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021



<p>11:00 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Centers 4:15 Elder Spotlight of the Month 6:30 A-Z Trivia</p> <p>3</p>	<p>11:00 Family Meeting 11:15 Facts on the Orient Express 2:15 Cinnamon Roll Tasting 4:15 Manicures & Music 6:30 Evening Stretches & Movements</p> <p>4</p>	<p>11:00 Family Meeting 11:15 Morning Stretch & Daily Guidepost 1:30 Hymn Sing on YouTube 4:15 Tuesday Trivia (October IQ) 6:30 1:1 Visits with Elders</p> <p>5</p>	<p>11:00 Family Meeting 11:15 Morning Center Stations 2:15 What's Your Horoscope? 4:15 Afternoon Exercises 6:30 Music Hour: Hits of the 60s</p> <p>6</p>	<p>11:00 Family Meeting 11:15 Dice Roll Game 2:15 Halloween Craft 4:00 Music Therapy with Kim Best! 6:30 Manicures & Movie</p> <p>7</p>	<p>HAPPY BIRTHDAY JEANETTE! **Donut Day** 11:00 Family Meeting 11:15 Chair Yoga 2:15 World Smile Day 3:30 HAPPY HOUR 6:30 All About Jeanette!</p> <p>8</p>	<p>Scarecrow Saturday 11:00 Family Meeting 11:15 Dogs on You Tube 2:30 Origin of Scarecrow 4:15 Decorate for Halloween! 7:00 The Lawrence Welk Show</p> <p>2</p>
<p>11:00 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Centers & Puzzles 4:15 Funny Animals on You Tube 6:30 Rest & Relax with Hand Massages</p> <p>10</p>	<p>Pumpkin Day 11:00 Family Meeting 11:15 Sing-A-Long with Instruments 2:15 Bake Pumpkin Bread 4:15 Manicures & Music 6:30 Peter, Peter Pumpkin Eater Poems Columbus Day (US)</p> <p>11</p>	<p>Kindness Day 11:00 Family Meeting 11:15 Halloween Craft 2:00 Movie Star Game 4:15 Talk about Acts of Kindness Social 6:30 Italy Facts</p> <p>12</p>	<p>11:00 Family Meeting 11:15 Game Time: Life-Size JENGA 2:15 Balloon Toss 4:15 Afternoon Exercises 6:30 Star of the Month</p> <p>13</p>	<p>11:00 Family Meeting 11:15 Coffee & Conversations 2:15 Hot Chocolate with Marshmallows Social 4:15 Manicures 6:30 All About Me Binder</p> <p>14</p>	<p>**Donut Day** 11:00 Family Meeting 11:15 Chair Exercises 2:15 Halloween Doorknob Craft 3:30 HAPPY HOUR 6:30 Card Game</p> <p>15</p>	<p>Sweetest Day 11:00 Family Meeting 11:15 Birthstones 2:30 Sweetest Day Quotes 4:15 Reading Horoscopes 7:00 The Lawrence Welk Show</p> <p>16</p>
<p>11:00 Family Meeting 11:15 Morning Worship Service on You Tube 2:30 Special Drink Social 4:15 Finish The Phrase 6:30 Rest & Relax with Hand Massages</p> <p>17</p>	<p>11:00 Family Meeting 11:15 Nursery Rhymes 2:15 Mini Treats Day! 4:15 Manicures & Music 6:30 Tongue Twisters</p> <p>18</p>	<p>11:00 Family Meeting 11:15 Bible Study 2:30 Pumpkin Decorating! with Heather/Staff 4:15 Tuesday Trivia (Trivia for seniors on YouTube) 6:30 Evening Music Hour</p> <p>19</p>	<p>11:00 Family Meeting 11:15 All About Me Binder 2:15 Halloween Humor & Jokes 4:15 Table Bowling 6:30 Movie Night: Halloweentown</p> <p>20</p>	<p>11:00 Family Meeting 11:15 Tea Party with Cookies 2:15 Stuff Plastic Pumpkins 4:15 Parachute Game 6:30 Manicures & Movie</p> <p>21</p>	<p>**Donut Day** 11:00 Family Meeting 11:15 Chair Exercises 2:15 Pumpkin Stories 3:30 HAPPY HOUR 6:30 It's The Great Pumpkin Charlie Brown (You Tube)</p> <p>22</p>	<p>11:00 Family Meeting 11:15 Short Story: Trick or Treat Traditions 2:30 What Did you Do For Fun? 4:15 Pink Lemonade Social for Breast Cancer Awareness 7:00 The Lawrence Welk Show</p> <p>23</p>
<p>11:00 Family Meeting 11:15 Morning Worship Service on You Tube 2:15 Trivia Time 4:15 Puzzles with Helen 6:30 Reading Circle</p> <p>24</p>	<p>11:00 Family Meeting 11:15 Chair Exercises 2:15 Hershey Game 4:15 Manicures & Music 6:30 Beaded Jewelry Making</p> <p>25</p>	<p>Celebrate France Day! 11:00 Family Meeting 11:15 Armchair Travel to France (YouTube) 2:30 Celebrate France! Treats & Facts 4:15 Places to Visit In France 6:30 Tuesday Trivia</p> <p>26</p>	<p>11:00 Family Meeting 11:15 How Things Have Changed 2:15 BINGO 4:15 Ed Sullivan Show 6:30 Charades</p> <p>27</p>	<p>11:00 Family Meeting 11:15 Make Ghost Cookies With Heather 2:15 Story Time 4:15 Manicures & Music 6:30 Fall Foliage on YouTube</p> <p>28</p>	<p>**Donut Day** 11:00 Family Meeting 11:15 Monster Mash Chair Exercises 2:15 ALL-HOUSE HALLOWEEN PARTY 3:30 HAPPY HOUR 6:30 Name Game</p> <p>29</p>	<p>11:00 Family Meeting 11:15 Facts on Halloween 2:30 Drum & Instrument Circle to 50 -80s Hits 4:15 Rest & Relax with Hand Massages 7:00 The Lawrence Welk Show</p> <p>30</p>
<p>Happy Halloween! 11:00 Family Meeting 11:15 Candy Hunt: Find Your House Candy 2:15 Trick-or-Treat Social: Cider & Donuts 4:15 Halloween Quiz 6:30 100 Years of Halloween Costumes (YouTube)</p> <p>31</p>						

Rochester Presbyterian Home at Cottage Grove - Mary's House

*Activities in ORANGE can be found in Resource Binder
GREEN can be found in pantry

