

Sunday

Monday

Tuesday

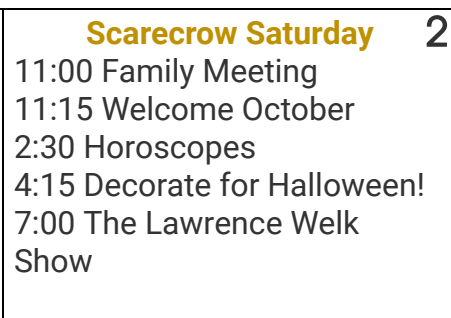
Wednesday

Thursday

Friday

Saturday

October 2021

	<h1>October 2021</h1>					
<p>10:45 Family Meeting 3 11:15 Sunday Morning Church Service (You Tube) 2:30 Humor Me 4:15 Worship Music 6:30 Elder Spotlight of the Month</p>	<p>10:30 Family Meeting 4 10:45 Chair Exercises 2:15 Cinnamon Roll Tasting 4:15 Manicures & Music 6:30 A-Z Trivia</p>	<p>10:30 Family Meeting 5 11:15 Hymn Sing on YouTube 2:30 KARAOKÉ! 4:00 Halloween Craft Corner 6:30 YouTube Gorilla Video's</p>	<p>10:30 Family Meeting 6 11:00 Morning Exercises 2:15 Big Ball Soccer Game 4:15 BINGO 6:30 Armchair Trip to Germany</p>	<p>10:30 Family Meeting 7 11:15 Golfing with Rosemary 2:00 Candy Corn Craft 3:30 Music Therapy with Kim Best! 6:30 Manicures</p>	<p>**Donut Day** 1 10:30 Family Meeting 10:45 Chair Exercises 2:15 World Smile Day 3:30 HAPPY HOUR 6:30 Little Women Facts & Movie</p>	<p>Scarecrow Saturday 2 11:00 Family Meeting 11:15 Welcome October 2:30 Horoscopes 4:15 Decorate for Halloween! 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 10 11:15 365 Days of Prayer Book (Bookshelf) 2:30 Name That Tune 4:15 Happy Birthday, Chubby Checker 6:30 AFV</p>	<p>Pumpkin Day 11 10:30 Family Meeting 10:45 Chair Exercises 2:15 Bake Pumpkin Bread 4:15 Manicures 6:30 Peter, Peter Pumpkin Eater Poem Columbus Day (US)</p>	<p>Kindness Day 12 10:30 Family Meeting 11:15 Halloween Doorknob Craft 2:00 Talk About Acts of Kindness Social 4:15 Italy Facts & Trip 6:30 Tuesday Trivia</p>	<p>10:30 Family Meeting 13 11:00 Morning Exercises 2:15 Sing-A-Long 4:15 Star of the Month 6:30 Wheel of Fortune</p>	<p>10:30 Family Meeting 14 10:45 I Love Lucy 2:15 Name 10: Halloween Edition 4:15 Manicures 6:30 Poland Fun facts & Armchair Trip</p>	<p>**Donut Day** 15 10:30 Family Meeting 10:45 Chair Exercises 2:15 Rhyme Time 3:30 HAPPY HOUR 6:30 Friday Night Movie</p>	<p>Sweetest Day 16 11:00 Family Meeting 11:15 Dolphin Facts 2:30 Sweetest Day Quotes 4:15 Poetry Circle 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 17 11:15 Sunday Morning Church Service (You Tube) 2:30 Halloween Themed Movie Matinee 4:15 Cup Of Soup Reading 6:30 Finish The Line</p>	<p>10:30 Family Meeting 18 10:45 Chair Exercises 2:15 Take A Trip to Hawaii (YouTube) 4:15 Manicures 6:30 Readers Digest Story</p>	<p>10:30 Family Meeting 19 10:30 Hymn Sing with Suzie Q 2:30 Pumpkin Decorating! with Heather/Staff 4:15 365 Days of Prayer Book (Bookshelf) 6:30 Tuesday Trivia October IQ</p>	<p>10:30 Family Meeting 20 11:00 Morning Exercises 2:15 All About Me Binder 4:15 Reading Circle 6:30 Wheel Of fortune</p>	<p>10:30 Family Meeting 21 10:45 1:1 Visits with Elders 2:15 Bean Bag Toss 4:15 Manicures & Music 6:30 1:1 Visit with Elders</p>	<p>**Donut Day** 22 10:30 Family Meeting 10:45 Chair Exercises 2:15 It's The Great Pumpkin Charlie Brown (You Tube) 3:30 HAPPY HOUR 6:30 Friday Night Movie</p>	<p>11:00 Family Meeting 23 11:15 Bible Stories with Heather 2:30 Bowling 4:15 Pink Lemonade Social for Breast Cancer Awareness 7:00 The Lawrence Welk Show</p>
<p>10:45 Family Meeting 24 11:15 365 Days of Prayer Book (Bookshelf) 2:15 Balloon Toss 4:15 Worship Music 6:30 AFV</p>	<p>10:30 Family Meeting 25 10:45 Chair Exercises 2:15 Dancing & Singing Party 4:15 Manicures 6:30 Cup of Soup Reading Circle</p>	<p>Celebrate France! 26 10:30 Family Meeting 11:00 Pictures of France 2:00 Celebrate France: Treats & Facts 4:15 Tuesday Trivia 6:30 Armchair Travels to France (YouTube)</p>	<p>10:30 Family Meeting 27 11:00 Morning Stretches 2:15 Hot Chocolate Social 4:15 Bean Bag Toss 6:30 Wheel Of Fortune</p>	<p>10:30 Family Meeting 28 10:45 Read Scary Stories 2:15 Movie Matinee: Hocus Pocus 4:15 Manicures & Music 6:30 Wheel of Fortune</p>	<p>**Donut Day** 29 10:30 Family Meeting 10:45 Monster Mash Chair Exercises 2:15 ALL-HOUSE HALLOWEEN PARTY 3:30 HAPPY HOUR 6:30 Friday Night Movie (Charlie Brown)</p>	<p>11:00 Family Meeting 30 11:15 Short Story: Trick or Treat Traditions 2:30 Drum & Instrument Circle to 50-80s Hits 4:15 BINGO 7:00 The Lawrence Welk Show</p>
<p>Happy Halloween! 31 10:45 Family Meeting 11:15 Candy Hunt: Find Your House Candy 2:15 Trick-or-Treat Social: Cider & Donuts 4:15 Halloween Quiz 6:30 100 Years of Halloween Costumes (YouTube) Halloween</p>	<p style="text-align: center;">Rochester Presbyterian Home at Cottage Grove - Helen's House</p> <p style="text-align: center;">*Activities in ORANGE can be found in Resource Binder GREEN can be found in pantry</p>					

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.
Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide