

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2021

Helene's House

<p>11:00-Hymn Sing-YouTube 2:30 -National Geographic- Africa Fusion Trailer 3:30-Dancing to music 7:00 -Fun Facts</p>	<p>11:00-Decorate for Halloween 3:30-Monday Manicures 7:00-Get to know you Questions with Staff</p>	<p>11:30-Music Therapy with Kim Best 2:00-Fall Reminisce with Deb/Rachael 7:00-Tongue-Teasers & Jokes -Large trivia book</p>	<p>10:45-Equicenter Farm Trip 2:00-Halloween Movie 3:30-Decorating Pumpkins with Laura K. 7:00-Evening Trivia</p>	<p>Salon Day 10:00-Salon Trips 2:00-Fall Trivia w. Renae 3:30-Creative Coloring 7:00-Have you Ever? Questions-with Staff</p>	<p>11:30-Zumba with Denise 2:30-Halloween Movie 3:30-Happy Hour 7:00-Evening Trivia</p>	<p>11:30-Bible Study with Rachael 2:30-Mini-Apple Pies with Laura K. 3:30- Courtyard Walks 7:00-Evening Stretch</p>
<p>11:00- Hymn Sing-YouTube 2:30- Chair Stretch w. Staff 3:30-Patriotic Sing-along-YouTube 7:00 Name Ten-"Fall" Items- w. staff</p>	<p>11:00-Relaxing Nature Videos-YouTube 2:30-Yoga with Kellie 3:30-Monday Manicures 7:00 Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</p>	<p>11:00-Chair Exercises with staff 2:00-Fall Foliage Ride with Deb & Rachael 4:00-Creative Coloring 7:00-Finish the Lyrics with staff (blue trivia)</p>	<p>Happy Birthday Geri! 11:00-Bowling with Laura K. 2:30-Music with Sam the Music Man! 4:00-The Brady Bunch-Hulu</p>	<p>Salon Day 10:00-Salon Trips 11:15-Pet Visits with Cooper 3:30-Bingo with Rachael 7:00-Jig-saw Puzzles</p>	<p>11:00-Relaxing Nature Videos-YouTube 3:30- Happy Hour 7:00- Jimmy Dean show (YouTube)</p>	<p>Happy Birthday Joan! 11:00-Horoscopes with Staff 2:15-Music with Richard Taronino 7:00- Lawrence Welk</p>
<p>11:00- Hymn Sing-YouTube 2:30-Word Search Puzzles 7:00-America's Funniest Home Videos-Hulu</p>	<p>11:00-Relaxing Nature Videos-YouTube 3:30-Monday Manicures 7:00-Evening Chair Stretch</p>	<p>11:30-Music Therapy with Kim Best 2:30-Jig-Saw puzzles 3:30-Coffee Hour 7:00-So You Think You Can Dance-YouTube</p>	<p>11:30-Autumn White Board Game with Rachael 2:00-Halloween Craft with Laura K. 7:00-Sharing Life Stories with Staff</p>	<p>Salon Day 10:00-Salon Trips 11:00-Music with the Memphis Belles-YouTube 3:30-Creative Coloring</p>	<p>11:00-Yoga on YouTube 2:30-Bingo with Latonya 3:30-Happy Hour 7:00-The Voice-Hulu</p>	<p>11:30-Decorating Fall Cookies with Rachael 2:30-Silly Pet Videos 4:00-Coffee Hour 7:00- Lawrence Welk</p>
<p>11:00- Hymn Sing-YouTube 2:30-Old Wives Tales Big Trivia Book 3:30 October IQ Seasonal Trivia book 7:00-What would you Do? Questions w. staff</p>	<p>11:00-Relaxing Nature Videos-YouTube 3:30-Monday Manicures 7:00-Finish the Lyrics with Staff</p>	<p>2:00- Halloween Bingo with Deb/Rachael 3:30-Autumn Word Search 7:00 Ed Sullivan Show (YouTube)</p>	<p>11:00-The Bible Project-YouTube 2:00-Afternoon Movie 3:30-Fall Craft with Lakeisha 7:00-Dancing with the Stars-Hulu</p>	<p>Salon Day 11:15-Pet Visits with Cooper 2:00- Jig-saw Puzzles 3:30-Creative Coloring with Staff 7:00-American Idol</p>	<p>11:00-Bingo with Latonya 2:30-Tongue-Twisters with Staff 3:30- Happy Hour 7:00-Casper the Friendly Ghost (YouTube)</p>	<p>11:00-The Bible Project-YouTube 2:30-Manicures with Staff 4:00-Rochester Ghost Stories with Rachael 7:00- Lawrence Welk</p>
<p>11:00- Hymn Sing-YouTube 2:00-Afternoon Movie-Hocus Pocus-Disney+ 4:00-Halloween Coloring Halloween</p>	<p>Activities are provided by Shahbaz within the residence. Please check with Shahbaz for any changes. Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide Laura Koon- laura.koon@rph.org</p>					

