

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2021

Bill and Jude's

								<p>1 11:00-Zumba with Denise 2:30-Autumn Trivia 3:30 Happy Hour 7:00 Halloween Movie</p>		<p>2 10:30-Bible Study with Rachael 2:00- Coffee Hour 3:30-Creative Coloring 7:00 Lawrence Welk</p>			
<p>11:00- Hymn Sing (YouTube) 2:30- Pictionary 3:30 -National Geographic Africa Fusion Trailer 7:00- Evening Stretch</p>		<p>4 11:00-Decorate for Halloween 2:00-Share stories with Suzanne 3:30-Monday Manicures 7:00 Dancing</p>		<p>5 11:00-Music Therapy with Kim Best 2:00-Jig-saw Puzzles 3:30-Creative Coloring 7:00-Tongue-Teasers & Jokes -Large trivia book</p>		<p>6 10:45-Equicenter Farm Trip 2:00-Halloween Movie 4:00-Decorating Pumpkins with Rachael, Staff & Caroline 7:00-Evening Trivia</p>		<p>7 Salon Day 11:00-Salon Trips 2:00-Courtyard Walks 4:00-Fall Reminisce with Rachael 7:00-Evening Stretch</p>		<p>8 11:00- Halloween Pictionary with Laura 2:15-Afternoon Trivia 3:30-Happy Hour 7:00-Movie Night</p>		<p>9 11:00- Coffee & Conversation 2:30-Horoscopes with Staff 3:30-The Bible Project-YouTube</p>	
<p>10 11:00 -Hymn Sing (YouTube) 2:30 -Afternoon Trivia 3:30 National Geographic-Oceans 7:00 Fun Facts</p>		<p>11 11:00-Finish the lyrics with Suzanne 2:00-Yoga with Kellie 3:30-Monday Manicures 7:00 Puzzles <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>		<p>12 11:00-Relaxing Nature Videos-YouTube 3:30-Halloween Bingo with Rachael 7:00-The Golden Girls</p>		<p>13 11:00-Sharing Good News Stories w. Larvina 2:00-Afternoon Movie 4:00-Fall Foliage Ride with Rachael & Caroline 7:00-The Voice-Hulu</p>		<p>14 10:00-Salon Trips 10:45-Pet Visits with Cooper 2:00-The Brady Bunch-Hulu 3:30-Halloween Craft with Carol</p>		<p>15 11:00-Yoga on YouTube 2:15-Bowling with Laura 3:30-Happy Hour 7:00-Casper the Friendly Ghost (YouTube)</p>		<p>16 10:30-Decorating Fall Cookies with Rachael 2:00-Game with Laura 3:30 Sing-along with Susie-Q 7:00 Lawrence Welk</p>	
<p>17 11:00 - Hymn Sing (YouTube) 2:30- October IQ Seasonal Trivia book 7:00-American idol (YouTube)</p>		<p>18 11:00-Music with the Memphis Belles-YouTube 3:30-Monday Manicures 7:00 Word Search</p>		<p>19 11:00-Music Therapy with Kim Best 2:00-Jig-Saw Puzzles 3:30-Creative Coloring 7:00-Fall Foliage in New England (YouTube)</p>		<p>20 11:00-Good Morning Stretch 2:00-Afternoon Movie 4:00-Cake Pop Decorating with Rachael & Caroline</p>		<p>21 Happy Birthday Winona! 10:00-Salon Trips 2:30-Finish the Lyrics with Suzanne 3:30-Fall Craft with Rachael 7:00-Yoga on YouTube</p>		<p>22 11:00-Coffee and Conversation 2:15-Afternoon Trivia 3:30-Happy Hour 7:00-Halloween Movie</p>		<p>23 11:00-Good Morning Stretch 2:15-Music with Barb & Friends 4:00-Manicures with Staff 7:00-Lawrence Welk</p>	
<p>24 11:00 - Hymn Sing (YouTube) 2:30- Finishing the Lines 3:30- Afternoon movie 7:00- Jimmy Dean show (YouTube)</p>		<p>25 11:00- Ball Toss 2:00-Finish the Lyrics with staff 3:30-Monday Manicures 7:00- Get to know you Questions</p>		<p>26 11:00-Moring Trivia 2:00-Have you Ever Questions with staff? 3:30-Rochester Ghost Stories with Rachael 7:00- Fall Foliage in New England (YouTube)</p>		<p>27 11:00-Chair Stretch 2:00-Afternoon Movie 4:00-Halloween Social with Rachael, Caroline & Staff 7:00-Dancing with the Stars-Hulu</p>		<p>28 Salon Day 10:00-Salon Trips 10:45-Pet Visits with Cooper 3:30-Bingo with Carol 7:00-Yoga on YouTube</p>		<p>29 11:00-Zumba with Denise 2:15-Afternoon Trivia 3:30-Happy Hour 7:00 Halloween Movie</p>		<p>30 11:00-Horoscopes with Staff 2:30-Music with Standard Time 3:30-Jig-saw puzzles with staff 7:00 Lawrence Welk</p>	
<p>11:00 - Hymn Sing (YouTube) 2:00-Afternoon Movie-Hocus Pocus-Disney 4:00-Halloween Coloring 7:00-What would you Do? Questions w. staff</p>		<p>31 Activities are provided by Shahbaz within the residence. Please check with Shahbaz for any changes. Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide Laura Koon- laura.koon@rph.org</p>											

