

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

	<h1>October 2021</h1>					
<p>11:00 Family Meeting <b>3</b> 11:15 365 Days Prayer Book (Bookshelf) 2:30 Relax to Music 4:15 Read Monthly October Gazette 6:30 <b>Elder Spotlight of the Month</b></p>	<p>11:00 Family Meeting <b>4</b> 11:15 Chair Exercises 2:15 <b>Cinnamon Roll Tasting</b> 4:15 Finish The Line 6:30 Grandparent Talk</p>	<p>11:00 Family Meeting <b>5</b> 11:15 Reading Bible Verses 1:30 Tunes Tuesday 4:15 Manicures 6:30 BINGO</p>	<p>11:00 Family Meeting <b>6</b> 11:15 Mother Goose Rhymes 2:15 Golden Girls 4:15 Afternoon Exercises 6:30 Jeopardy</p>	<p>11:00 Family Meeting <b>7</b> 11:15 One to One Visits 2:15 Color Fall Pictures 4:15 Manicures 6:30 Life in the 1500s</p>	<p><b>**Donut Day**</b> <b>1</b> 11:00 Family Meeting 11:15 Chair Exercises 2:15 World Smile Day <b>3:30 HAPPY HOUR</b> 6:30 Friday Night Movie</p>	<p><b>Scarecrow Saturday</b> <b>2</b> 11:00 Family Meeting 11:15 Table Ball 2:30 I Love Lucy 4:15 Decorate for Halloween! 7:00 The Lawrence Welk Show</p>
<p>11:00 Family Meeting <b>10</b> 11:15 365 Days Prayer Book (Bookshelf) 2:30 Ring Toss 4:15 Praise &amp; Worship Songs (YouTube) 6:30 Pamper Night: Hand Massages</p>	<p><b>Pumpkin Day</b> <b>11</b> 11:00 Family Meeting 11:00 Halloween Craft Corner 2:15 <b>Bake Pumpkin Bread</b> 4:15 A-Z Trivia 6:30 <b>Peter, Peter Pumpkin Eater Poem</b> Columbus Day (US)</p>	<p><b>Kindness Day</b> <b>12</b> 11:00 Family Meeting 11:15 Bible Study 2:00 Talk about Acts of Kindness Social 4:15 Manicures 6:30 Dear Abby</p>	<p>11:00 Family Meeting <b>13</b> 11:15 50s &amp; 60s Music 2:15 <b>Pumpkin Craft</b> 4:15 Afternoon Exercises 6:30 Wheel of Fortune</p>	<p>11:00 Family Meeting <b>14</b> 11:15 Finish The Line 2:15 Table Ball <b>4:15 Happy Birthday Clark Griswold</b> 6:30 Games Night!</p>	<p><b>**Donut Day**</b> <b>15</b> 11:00 Family Meeting 11:15 Chair Exercises 2:15 Sing-A-Long with Susie Q <b>3:30 HAPPY HOUR</b> 6:30 Friday Night Movie</p>	<p><b>Sweetest Day</b> <b>16</b> 11:00 Family Meeting 11:15 Grandparent Chat 2:30 <b>Sweetest Day Quotes</b> 4:15 <b>Root Beer Floats</b> 7:00 The Lawrence Welk Show</p>
<p>11:00 Family Meeting <b>17</b> 11:15 365 Days Prayer Book (Bookshelf) 2:30 Bean Bag Toss 4:15 Praise &amp; Worship Songs (YouTube) 6:30 Pamper Night: Hand Massages</p>	<p>11:00 Family Meeting <b>18</b> 11:15 Chair Exercises 2:15 Leaf &amp; Leif Day 4:15 Ball Toss 6:30 Poetry Reading</p>	<p>11:00 Family Meeting <b>19</b> 11:15 Reading Bible Verses 1:30 <b>Halloween Doorknob Craft</b> 4:15 Manicures 6:30 Bowling</p>	<p>11:00 Family Meeting <b>20</b> 11:15 Morning Exercises 2:15 I Love Lucy 4:15 Who Am I? 6:30 <b>Star of the Month</b></p>	<p>11:00 Family Meeting <b>21</b> 11:15 Golden Girls 2:15 Trivia Time <b>October IQ</b> 4:15 Manicures 6:30 Movie Night: Halloweentown</p>	<p><b>HAPPY BIRTHDAY MARION</b> <b>22</b> <b>**Donut Day**</b> 11:00 Family Meeting 11:15 All About Marion! 2:15 Pumpkin Decorating! with Heather/Staff <b>3:30 HAPPY HOUR</b> 6:30 Chicken Soup For The Soul</p>	<p><b>HAPPY BIRTHDAY LAURA</b> <b>23</b> 11:00 Family Meeting 11:15 All About Laura! 2:00 Bible Stories with Heather 4:15 <b>Pink Lemonade Social for Breast Cancer Awareness</b> 7:00 The Lawrence Welk Show</p>
<p>11:00 Family Meeting <b>24</b> 11:15 365 Days Prayer Book (Bookshelf) 2:30 BINGO 4:15 Praise &amp; Worship Songs (YouTube) 6:30 Rest &amp; Relax with Hand Massages</p>	<p>11:00 Family Meeting <b>25</b> 11:15 Chair Exercises 2:15 It's The Great Pumpkin Charlie Brown (You Tube) 4:15 Tell All 6:30 Sing-A-Long</p>	<p><b>Celebrate France!</b> <b>26</b> 11:00 Family Meeting 11:15 Ball Toss 1:30 Celebrate France! Treats &amp; <b>Facts</b> 4:15 Armchair Travels to France (YouTube) 6:30 Manicures</p>	<p>11:00 Family Meeting <b>27</b> 11:15 All About Me Binder 2:15 <b>Short Story: Trick or Treat Traditions</b> 4:15 Afternoon Exercises 6:30 Family Feud</p>	<p>10:45 Family Meeting <b>28</b> 11:00 Horoscopes from Newspaper 2:15 Sing-A-Long 4:15 Manicures 6:30 <b>All About Julia Roberts</b> &amp; Watch Julia Roberts Movie</p>	<p><b>**Donut Day**</b> <b>29</b> 11:00 Family Meeting 11:15 Monster Mash Chair Exercises <b>2:15 ALL-HOUSE HALLOWEEN PARTY</b> <b>3:30 HAPPY HOUR</b> 6:30 Halloween Movie Night</p>	<p>11:00 Family Meeting <b>30</b> 11:15 Big Card Memory Game 2:30 Drum &amp; Instrument Circle to 50 -80s Hits 4:15 <b>Read Edward Leer Poems</b> 7:00 The Lawrence Welk Show</p>
<p><b>Happy Halloween!</b> <b>31</b> 11:00 Family Meeting 11:15 Candy Hunt: Find Your House Candy 2:15 <b>Trick-or-Treat Social: Cider &amp; Donuts</b> 4:15 <b>Halloween Quiz</b> 6:30 100 Years of Halloween Costumes (YouTube)</p>	<p style="text-align: center;"><b>Rochester Presbyterian Home at Cottage Grove - Alice's House</b></p> <p style="text-align: center;">*Activities in ORANGE can be found in Resource Binder GREEN can be found in pantry</p>					

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.  
Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide