

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Rochester Presbyterian Home at Cottage Grove

Daisy's House

July 2021

**All Activities highlighted in RED you can find in the Activity Resource Binder*

					<p>10:45 Family Meeting 1 11:00 Poetry Reading 2:15 4th of July Mocktails with Heather 4:15 Nifty Nail Manicures 6:30 Ball Toss</p>	<p>**Donut Day** 2 10:45 Family Meeting 11:00 Chair Exercises 2:15 Flower Arrangements 3:30 HAPPY HOUR 6:30 Movie Night: Wizard of Oz</p>	<p>Happy Birthday Trish! 3 10:45 Family Meeting 11:15 4th of July Theme Coloring 2:15 Bake A Cake 4:15 All About TRISH! 7:00 The Lawrence Welk Show</p>
<p>Happy Independence Day! 4 10:45 Family Meeting 11:00 Fourth of July Trivia 2:30 Red, White & Blue Ice Cream Courtyard Social 4:15 Outdoor Walk 6:30 Fireworks on YouTube</p>	<p>10:45 Family Meeting 5 11:00 Chair Exercises 2:15 Graham Cracker & Jelly Day 4:15 Manicures 6:30 Sing-A-Long Songs</p>	<p>10:45 Family Meeting 6 11:15 Tongue Twisters 2:00 Courtyard Lemonade Social 4:00 Brain Teasers with Heather 6:30 Grandparent Chat</p>	<p>10:45 Family Meeting 7 11:00 Short Story: Pedals To The Park 2:15 Trivia Time 4:15 Crazy Fun Facts Book 6:30 National Geographic With Al</p>	<p>10:45 Family Meeting 8 11:00 Trip To The Zoo on YouTube 2:15 Picnic in the Courtyard! 4:15 Manicures & Music 6:30 Penny Ante</p>	<p>**Donut Day** 9 10:45 Family Meeting 11:00 Chair Exercises 2:30 Entertainment by Mike Kornrich! 3:30 HAPPY HOUR 6:30 Game Night!</p>	<p>10:45 Family Meeting 10 11:15 Courtyard Reading with Heather 2:30 Grandparent Chat 4:15 Painting To The Music 7:00 The Lawrence Welk Show</p>	
<p>10:45 Family Meeting 11 11:15 Morning Worship (YouTube) 2:30 Coffee Hour & Chit Chat 4:15 Name That 50s/60s Song on YouTube 6:30 AFV</p>	<p>10:45 Family Meeting 12 11:00 Chair Exercises 2:15 Strawberry Tasting 4:15 Manicures, Massages & Music 6:30 Game Show</p>	<p>10:45 Family Meeting 13 11:00 365 Days of Prayer Book Reading 2:00 Jigsaw Puzzles with Jack & Gerry 4:15 I've Got a Question Day 6:30 1:1 Visits with Residents</p>	<p>10:45 Family Meeting 14 11:00 Star Of The Month 2:15 Sports In Color Day 4:15 Afternoon Yoga 6:30 Word Searches & Coloring Club</p>	<p>10:45 Family Meeting 15 11:00 Popcorn Tasting 2:15 All-House Choir in the Courtyard 4:15 Manicures 6:30 Book Club</p>	<p>**Donut Day** 16 Ice Cream Day 11:00 Family Meeting 11:15 Chair Exercises 2:15 Joke Telling 3:30 HAPPY HOUR: Georgie Porgie's Courtyard Ice Cream 6:30 Game Show</p>	<p>10:45 Family Meeting 17 11:15 Disneyland's Birthday 2:00 Tie Dye Shirts with Heather 4:15 Activity Boxes 7:00 The Lawrence Welk Show</p>	
<p>10:45 Family Meeting 18 11:00 Morning Worship (YouTube) 2:30 Hot Fudge Sundae's 4:15 Jokes With Gerry 6:30 AFV</p>	<p>10:45 Family Meeting 19 11:00 Chair Yoga 2:15 Balloon Ball & Music 4:15 Manicures 6:30 Movie & Snack</p>	<p>10:45 Family Meeting 20 11:00 365 Days of Prayer Book Reading 2:15 Sing-A-Long Songs 4:15 Who Am I? 6:30 Hymn Sing-A-Long</p>	<p>11:05 Family Meeting 21 11:00 Fun With Phyllis Diller 2:15 Drive-in Theme Movie Matinee Day! 4:15 Afternoon Exercises 6:30 Trivia Night</p>	<p>10:45 Family Meeting 22 11:00 Decorate Olympics Poster with Heather 2:15 Travel To Paris on YouTube 4:15 Manicures 7:00 Wheel Of Fortune</p>	<p>Olympics Day! 23 **Donut Day** 10:30 Family Meeting 10:45 Chair Exercises 2:00 Courtyard Challenge Events 3:30 HAPPY HOUR 6:30 Friday Night Fun & Games</p>	<p>10:45 Family Meeting 24 11:15 Tea & Horoscope Reading 2:15 Outdoor Ice Cream Social 4:15 Courtyard Stroll 7:00 The Lawrence Welk Show</p>	
<p>10:45 Family Meeting 25 11:15 Morning Worship (YouTube) 2:30 Bible Stories 4:15 Outdoor Walking Club 6:30 AFV & Snack</p>	<p>Watermelon Day! 26 10:45 Family Meeting 11:00 Chair Exercises 2:15 Watermelon Facts & Craft 4:15 Manicures 6:30 Trivia on YouTube</p>	<p>10:45 Family Meeting 27 11:00 365 Days of Prayer Book Reading 2:00 Rock & Roll Day 4:15 Travel By Chair To Yellowstone National Park 6:30 Hymn Sing-A-Long</p>	<p>10:45 Family Meeting 28 11:00 July Trivia 2:15 Jell-O Cup Tasting 4:15 Name 10 6:30 Evening Stretches & Daily Chronicle</p>	<p>Country & Western Theme 29 BBQ Cookout Day! 10:45 Family Meeting 11:00-2:00 Party in the Courtyard! BBQ Dinner at 12:30 Music Entertainment from 12:00-2:00 6:30 Western Movie Night</p>	<p>**Donut Day** 30 Hawaiian Day! 11:00 Family Meeting 11:00 Watermelon Pizza with Heather 2:15 All About Hawaii 3:30 HAPPY HOUR 6:30 Travel By Chair To Hawaii (Youtube)</p>	<p>10:45 Family Meeting 31 11:00 Junk Drawer Detective 2:30 Popsicles on the Porch 4:15 All About Amelia 7:00 The Lawrence Welk Show</p>	

Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.

Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide