

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Rochester Presbyterian Home at Cottage Grove

Alice's House

July 2021

*All Activities highlighted in RED you can find in the Activity Resource Binder

<p>Happy Independence Day! 4 11:00 Family Meeting 11:15 America the Beautiful Music 2:30 Red, White & Blue Ice Cream Courtyard Social 4:15 All About The Declaration of Independence 6:30 Fireworks on YouTube</p>	<p>11:00 Family Meeting 5 11:15 Chair Exercises 2:15 What's up Doc? 4:15 Sing Along with Susie Q 6:30 All About Nancy Reagan</p>	<p>11:00 Family Meeting 6 11:15 Finish The Phrase with Heather 2:00 Courtyard Lemonade Social 4:15 Manicures 6:30 BINGO</p>	<p>11:00 Family Meeting 7 11:15 MLB All Star Day 2:15 I Love Lucy 4:15 Afternoon Exercises 6:30 Elder Spotlight of the Month</p>	<p>11:00 Family Meeting 8 11:15 Colorful Characters Day 2:15 <i>All-House Choir in the Courtyard</i> 4:15 Manicures 6:30 Junk Drawer Detective</p>	<p>**Donut Day** 2 10:45 Family Meeting 11:00 4th of July Mocktails with Heather 2:15 Music Hour: Oldies But Goodies 3:30 HAPPY HOUR 6:30 World UFO Day! Facts & Movie: E.T.</p>	<p>11:00 Family Meeting 3 11:15 Happy Birthday Quebec 2:30 4th of July Theme Coloring 4:15 Reading Circle: Chicken Soup for the Soul 7:00 The Lawrence Welk Show</p>
<p>11:00 Family Meeting 11 11:15 Sunday Morning Church Service on YouTube 2:30 Slurpee Day! 4:15 365 Days of Prayer Reading 6:30 AFV & Snack</p>	<p>11:00 Family Meeting 12 11:15 Chair Exercises 2:15 Family Feud Day 4:15 Love You Forever Reading 6:30 Jeopardy</p>	<p>11:00 Family Meeting 13 11:15 Funny Bones 1:30 Hymn Sing on YouTube 4:15 Manicures 6:30 Game Show</p>	<p>11:00 Family Meeting 14 11:15 Daily Chronicle with Marian 2:15 Sports In Color Day 4:15 Afternoon Exercises 6:30 Life in the 1500s</p>	<p>11:00 Family Meeting 15 11:15 1:1 Visits with Residents 2:15 Tie Dye Shirts with Heather 4:15 Hot Dog Facts 6:30 Annual Hot Dog Day</p>	<p>**Donut Day** 9 Ice Cream Day 11:00 Family Meeting 11:15 Chair Exercises 2:15 Happy Birth Anniversary, Ginger 3:30 HAPPY HOUR: Georgie Porgie's Courtyard Ice Cream 6:30 Movie Night!</p>	<p>11:00 Family Meeting 10 11:15 Courtyard Reading with Heather 2:30 Outdoor Social & Music 4:15 News & Views Hour & Chat 7:00 The Lawrence Welk Show</p>
<p>11:00 Family Meeting 18 11:15 National Zookeeper 2:30 Worship Music 4:15 365 Days of Prayer Reading 6:30 Relax to AFV</p>	<p>11:00 Family Meeting 19 11:15 Chair Exercises 2:15 July Trivia 4:15 The Funny Bunny Factor Reading 6:30 Dear Abby</p>	<p>11:00 Family Meeting 20 11:15 Jam & Jelly Tasting 2:15 Decorate Olympics Poster with Heather 4:15 Manicures 6:30 Bowling</p>	<p>11:00 Family Meeting 21 11:15 Morning Exercises 2:15 Million Dollar Golfer Day 4:15 The Golden Girls 6:30 Current Events Chit-Chat</p>	<p>11:00 Family Meeting 22 11:15 I've Got a Question Day 2:15 Bus Trip 4:15 Manicures 6:30 A-Z Trivia</p>	<p>Olympics Day! 23 **Donut Day** 10:30 Family Meeting 10:45 Chair Exercises 2:00 Courtyard Challenge Events 3:30 HAPPY HOUR 6:30 Movie Night!</p>	<p>11:00 Family Meeting 17 11:15 Disneyland's Birthday 2:30 BINGO! 4:15 News & Views 7:00 The Lawrence Welk Show</p>
<p>11:00 Family Meeting 25 11:15 Sunday Morning Church Service on YouTube 2:30 Red Shoe Day 4:00 Hot Fudge Sundae Day! 6:30 AFV & Jell-O Cup Tasting</p>	<p>Watermelon Day! 26 11:00 Family Meeting 11:15 Chair Exercises 2:15 Watermelon Pizza with Heather & Fun Facts 4:15 Ball Toss & Music 6:30 Rock & Roll Day</p>	<p>11:00 Family Meeting 27 11:15 Hula Hoop Day 1:30 Hymn Sing on YouTube 4:15 Manicures, Massages & Music 6:30 Wheel of Fortune</p>	<p>11:00 Family Meeting 28 11:15 Jump Rope Day 2:15 Rain Day 4:15 Afternoon Exercises 6:30 Finish The Phrase</p>	<p>Country & Western Theme 29 BBQ Cookout Day! 10:45 Family Meeting 11:00-2:00 Party in the Courtyard! BBQ Dinner at 12:30 Music Entertainment from 12:00-2:00 6:30 Western Movie Night</p>	<p>**Donut Day** 30 11:00 Family Meeting 11:15 Chair Exercises 2:15 Gorgeous Grandma Day 3:30 HAPPY HOUR 6:30 Movie Night & Popcorn!</p>	<p>11:00 Family Meeting 24 11:15 1:1 Visits With Elders 2:30 Courtyard Social & Music 4:15 Amelia's Day 7:00 The Lawrence Welk Show</p>
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Activities are provided by the Shahbazim in each house. To verify events or check for changes, please contact the house Shahbaz.

Activities contact: Heather Hebert- Heather.Hebert@rph.org Well-Being Engagement Guide