

Bill & Jude's

Sunday 5/2	Monday 5/3	Tuesday 5/4	Wednesday 5/5	Thursday 5/6	Friday 5/7 Salon Day	Saturday 5/8
<u>11:00</u> Painting	<u>1100</u> Yoga	<u>11:15</u> Exercise on YouTube	<u>11:00</u> Sightseeing with Kenesha	<u>11:00</u> Bible study Laura	<u>10:00</u> Morning Stretch	<u>11:15</u> Morning Trivia
<u>2:00</u> Trivia	<u>2:30</u> Afternoon Trivia	<u>2:30</u> Tongue twister with Staff (Big Activity Book)	<u>2:30</u> Dear Abby (Big Activity Book)	<u>2:30</u> Afternoon Movie	<u>2:30</u> National Geography on rainforest	<u>2:00</u> Puzzle
<u>4:15</u> Finishing the Lyrics (Big Activity Book)	<u>4:00</u> Old Wives Tales with Staff (Big Activity Book)	<u>4:15</u> Manicures with Staff	<u>4:00</u> Painting Birds with Laura	<u>4:15</u> Hangman with Kenesha	<u>3:30</u> Happy Hour	<u>3:00</u> Afternoon Stretch with Jojo
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Dry Bar show (You Tube)	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Sing -along (YouTube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

May- 2021



Helene's

Sunday 5/2	Monday 5/3	Tuesday 5/4	Wednesday 5/5	Thursday 5/6	Friday 5/7	Saturday 5/8
<u>11:15</u> Hymn Sing	<u>11:00</u> Dear Abby	<u>11:15</u> Seasonal Trivia	<u>10:30</u> Reading magazines	<u>10:30</u> Puzzles	<u>10:30</u> Exercise (YouTube)	<u>11:15</u> Coffee and Chat
<u>3:00</u> Painting with Jojo	<u>2:30</u> Puzzles	<u>2:30</u> Tongue Twister with Staff (Big Activity Book)	<u>2:30</u> Sing along (YouTube)	<u>2:30</u> Afternoon Movie	<u>2:30</u> Sing along with Suzy Q	<u>2:00</u> Finishing the Lyrics (Big Activity Book)
<u>4:15</u> Old Wives Tales with Staff (Big Activity Book)	<u>4:00</u> Jeff Fox Worthy show (YouTube)	<u>4:15</u> Word Search	<u>4:15</u> Coloring	<u>4:00</u> Manicures with Staff	<u>3:30</u> Happy Hour	<u>3:00</u>
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Dry Bar show (You Tube)	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Sing -along (YouTube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

May- 2021



Leo's House

Sunday 5/2	Monday 5/3	Tuesday 5/4	Wednesday 5/5 Salon Day	Thursday 5/6	Friday 5/7	Saturday 5/8
<u>11:15</u> Hymn Sing	<u>11:00</u> Spa Day	<u>11:15</u> Word Game	<u>11:00</u> Sea Shell Picture	<u>11:15</u> Family Feud	<u>11:15</u> Exercise DVD	<u>11:15</u> Coffee and Chat
<u>2:00</u> Painting with Jojo	<u>2:00</u> Bingo	<u>2:00</u> White board game	<u>3:00</u> Yoga on YouTube	<u>2:00</u> Bingo	<u>2:00</u> Finishing the Lyrics (Big Activity Book)	<u>2:00</u> Afternoon Trivia
<u>4:00</u> Fun Facts	<u>4:15</u> Manicures with Staff	<u>4:15</u> Hangman	<u>4:15</u> Tongue twister with Staff (Big Activity Book)	<u>4:15</u> Afternoon Movie	<u>3:30</u> Happy Hour	<u>4:00</u> Afternoon Stretch with Jojo
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Old Wives Tales with Staff (Big Activity Book)	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Sing along with Suzy Q	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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May- 2021



Nancy's House

Sunday 5/2	Monday 5/3	Tuesday 5/4	Wednesday 5/5 Salon Day	Thursday 5/6	Friday 5/7	Saturday 5/8
<u>11:15</u> Hymn Sing	<u>11:30</u> Yoga on YouTube	<u>11:15</u> Reading Short Story	<u>11:00</u> Coloring	<u>11:15</u> Morning Trivia	<u>11:15</u> Hair Styles	<u>11:15</u> Coffee and Chat
<u>2:30</u> Old Wives Tales with Staff (Big Activity Book)	<u>2:00</u> Puzzles	<u>2:00</u> Afternoon Stories	<u>2:00</u> Craft with Laura	<u>2:00</u> Finishing the Lyrics (Big Activity Book)	<u>2:00</u> Sing along with Suzy Q (YouTube)	<u>2:00</u> Chair Stretch with Jojo
<u>4:00</u> Painting with Jojo	<u>4:00</u> Bowling with Laura	<u>4:00</u> Word Search	<u>4:00</u> Manicures with Staff	<u>4:00</u> Sing-along (YouTube)	<u>3:30</u> Happy Hour	<u>4:15</u> Left, Right, Center Game with Amanda
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> American Idol (YouTube)	<u>7:00</u> Evening trivia (Big Activity Book)	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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