

Bill & Jude's

Sunday 4/18	Monday 4/19 Salon Day	Tuesday 4/20	Wednesday 4/21	Thursday 4/22	Friday 4/23	Saturday 4/24
<u>11:15</u> Ball Toss	<u>10:30</u> Yoga (YouTube)	<u>11:15</u> Exercise on YouTube	<u>10:30</u> Morning Trivia	<u>11:15</u> Ball Toss with Laura	<u>10:00</u> Rice Krispies Treats	<u>11:15</u> Ball Toss
<u>2:00</u> Name that Flower	<u>2:30</u> Afternoon Trivia	<u>2:30</u> Tongue twister with Staff (Big Activity Book)	<u>2:30</u> Sing -a-long (YouTube)	<u>2:30</u> Sharing Stories	<u>200</u> Jeopardy game	<u>2:00</u> Card making with Jojo
<u>3:00</u> Fun Facts	<u>4:00</u> Stroll Outside	<u>4:15</u> Dancing	<u>4:15</u> Afternoon Stretch	<u>4:15</u> Afternoon Movie	<u>3:30</u> Happy Hour	<u>4:00</u> Afternoon Stretch
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Manicures with Staff	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Sing -along (YouTube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

April- 2021



Helene's

Sunday 4/18	Monday 4/19 Salon Day	Tuesday 4/20	Wednesday 4/21	Thursday 4/22	Friday 4/23	Saturday 4/24
<u>11:15</u> Hymn Sing	<u>10:30</u> Sing- along YouTube	<u>11:15</u> Seasonal Trivia	<u>10:30</u> Manicures with Staff	<u>11:00</u> Paint Brush Coloring	<u>10:30</u> Exercise (YouTube)	<u>11:15</u> Coffee and Newspaper
<u>2:00</u> Fun Facts	<u>2:30</u> Puzzles	<u>2:30</u> Tongue twister with Staff (Big Activity Book)	<u>2:30</u> Afternoon Movie	<u>2:00</u> Ballet	<u>2:30</u> Sing along with Suzy Q	<u>2:00</u> Afternoon Stretching
<u>3:30</u> Spring Painting	<u>4:00</u> Spring coloring	<u>4:15</u> Word Search	<u>3:00</u> Hot Chocolate with Laura	<u>4:00</u> Ball toss Laura	<u>3:30</u> Happy Hour	<u>3:00</u> Card making with Jojo
<u>6:30</u> Sorry	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Classic TV Show	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Sing-along (YouTube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

April – 2021



Leo's House

Sunday 4/18	Monday 4/19	Tuesday 4/20	Wednesday 4/21 Salon Day	Thursday 4/22	Friday 4/23	Saturday 4/24
<u>11:15</u> Cross word puzzles	<u>11:00</u> Chair Exercise	<u>11:00</u> Flower arrangements	<u>11:00</u> Deal or no deal DVD game show	<u>10:30</u> Ballet	<u>11:00</u> Yoga (YouTube)	<u>11:00</u> Coffee and Chat
<u>2:30</u> Family Feud game	<u>2:00</u> Bingo with Linda & Jordyn	<u>2:00</u> Exercise DVD	<u>2:00</u> Sewing bags	<u>2:15</u> Hot Chocolate/ Who am I with Laura	<u>2:00</u> Spa day with ladies	<u>2:00</u> Word Search
<u>4:00</u> Fun Facts	<u>4:15</u> Manicures with Staff	<u>4:15</u> Hangman	<u>4:15</u> So you think you can dance (YouTube)	<u>4:15</u> Afternoon Movie	<u>3:30</u> Happy Hour	<u>4:00</u> Room signs with Jojo
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Coloring	<u>7:00</u> Evening Stretch with Staff	<u>7:00</u> Sing along with Suzy Q	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

March- 2021



Nancy's House

Sunday 4/18	Monday 4/19	Tuesday 4/20	Wednesday 4/21 Salon Day	Thursday 4/22	Friday 4/23	Saturday 4/24
<u>11:15</u> Manicures	<u>11:30</u> Puzzles	<u>11:15</u> Chair Exercise	<u>11:00</u> Yoga on YouTube	<u>9:30</u> Puzzles with Laura	<u>11:15</u> Hair Styles	<u>11:15</u> Coffee and Chat
<u>2:30</u> Spring Coloring	<u>2:30</u> Afternoon Movie	<u>2:30</u> Tongue twister with Staff (Big Activity Book)	<u>2:15</u> Reading Reminisce growing up with Laura	<u>2:30</u> Finishing the Lyrics (Big Activity Book)	<u>2:00</u> Sing along with Suzy Q (YouTube)	<u>2:00</u> Afternoon Stretch
<u>5:00</u> Fun Facts	<u>4:15</u> Reading Flowers and Bloom with Amanda	<u>3:45</u> 1980's Music Dancing	<u>4:15</u> Manicures with Staff	<u>4:15</u> Afternoon Movie	<u>3:30</u> Happy Hour	<u>4:15</u> Sing-along (YouTube)
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> American Idol (YouTube)	<u>7:00</u> Evening trivia (Big Activity Book)	<u>7:00</u> Evening Stretch with staff	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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