

Bill & Jude's

Sunday 1/3	Monday 1/4 Rachael off	Tuesday 1/5	Wednesday 1/6	Thursday 1/7	Friday 1/8 Rachael off	Saturday 1/9
<u>11:15</u> Hymn Sing	<u>10:30</u> Yoga (YouTube)	<u>11:15</u> Have you Ever? (Get to know you section of Large Trivia Book)	<u>10:30</u> America's Funniest Videos (Hulu)	<u>11:15</u> Happy Babies (You Tube)	<u>11:15</u> Exercise (You Tube)	<u>11:15</u> Seasonal Trivia
<u>2:30</u> Old wives tales (Big Activity Book)	<u>2:30</u> Sharing stories	<u>2:30</u> Necklaces with Staff	<u>2:30</u> Ballet Class with Rachael	<u>2:30</u> Stuffed Artichokes with Joan & Suzanne (Rachael)	<u>2:30</u> Sing along with Suzy Q	<u>2:30</u> Afternoon Trivia & Hot Chocolate with Rachael
<u>4:15</u> National Geographic's Desert (You Tube)	<u>4:15</u> Afternoon Movie	<u>4:15</u> Cut out Cookies with Rachael	<u>4:15</u> Manicures with Staff	<u>4:15</u> Hair styles with Staff	<u>3:30</u> Happy Hour	<u>4:15</u> Finishing the Lyrics with Staff
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Evening Stretch	<u>7:00</u> The Voice (Hulu)	<u>7:00</u> Little Big Shots (You Tube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

January- 2021



Helene's

Sunday 1/3	Monday 1/4 Rachael off	Tuesday 1/5	Wednesday 1/6	Thursday 1/7	Friday 1/8 Rachael off	Saturday 1/9
<u>11:15</u> Hymn Sing	<u>9:30</u> Quiches With Laura	<u>11:15</u> Ball Toss with Laura	<u>11:15</u> Exercise with Rachael	<u>11:15</u> Listening to the music of the Memphis Belles with Rachael	<u>10:30</u> Bingo with Latonya	<u>11:15</u> Seasonal Trivia
<u>2:30</u> Old Wives Tales (Big Activity Book)	<u>2:30</u>	<u>2:30</u> Pictionary with Laura & Rachael	<u>2:30</u> Hot Chocolate with Laura K.	<u>2:30</u> Manicures with Staff	<u>2:30</u> Sing along with Suzy Q	<u>2:30</u> Classic TV Show
<u>4:15</u> National Geographic's Desert (YouTube)	<u>4:15</u> Afternoon Movie	<u>4:15</u> America's Funniest Videos (Hulu)	<u>4:15</u> Finishing the Lyrics with Staff	<u>4:15</u> Yoga (You Tube)	<u>3:30</u> Happy Hour	<u>4:15</u> Exercise with Rachael
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Evening Stretch	<u>7:00</u> The Voice (Hulu)	<u>7:00</u> Little Big Shots (You Tube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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January - 2021



Leo's House

Sunday 1/3	Monday 1/4 Rachael Off	Tuesday 1/5	Wednesday 1/6	Thursday 1/7	Friday 1/8 Rachael Off	Saturday 1/9
<u>11:15</u> Hymn Sing	<u>11:30</u> Yoga (You Tube)	<u>11:15</u> Manicures with Staff	<u>11:15</u> Hair Styles	<u>11:15</u> Music Doris Day (You Tube)	<u>11:15</u> Good Morning Stretch	<u>11:15</u> Jigsaw puzzles
<u>2:30</u> Old wives tales (Big Activity Book)	<u>1:45</u> Afternoon Movie	<u>2:30</u> Word Search Puzzles	<u>2:15</u> America's Funniest Home Videos (Hulu)	<u>2:15</u> Telling Jokes (Large Activity Book)	<u>2:00</u> Sing along with Suzy Q	<u>2:30</u> Fun with Horoscopes
<u>4:15</u> National Geographic's Desert (YouTube)	<u>4:15</u> Happy New Years Coloring Pages	<u>4:15</u> Music with Frank Sinatra (You Tube)	<u>4:15</u> Hot Chocolate with Carianne & Rainy	<u>4:15</u> Afternoon Movie	3:30 Happy Hour	<u>4:15</u> Classic TV Show
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Evening Stretch	<u>7:00</u> The Voice (Hulu)	<u>7:00</u> Happy Babies (YouTube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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January- 2021



Nancy's House

Sunday 1/3	Monday 1/4 Rachael off	Tuesday 1/5	Wednesday 1/6	Thursday 1/7	Friday 1/8 Rachael off	Saturday 1/9
<u>11:15</u> Hymn Sing	<u>11:30</u> Yoga (You Tube)	<u>11:15</u> Good Morning Chats with Rachael	<u>11:15</u> Fun with Laura K.	<u>11:15</u> Get-to-know you Questions (Large Trivia Book)	<u>11:15</u> Hair Styles	<u>11:15</u> Coffee and Conversation with Rachael
<u>2:30</u> Old Wives tales (Big Activity Book)	<u>2:30</u> Monday Manicures	<u>2:30</u> Happy New Years Coloring	<u>2:30</u> Telling knock-knock- Jokes-(Large Activity Book)	<u>2:30</u> America's Funniest Home Videos (Hulu)	<u>2:00</u> Sing along with Suzy Q	<u>2:30</u> Manicures
<u>4:15</u> National Geographic's Desert (You Tube)	<u>4:15</u> Coffee Hour	<u>4:15</u> Classic TV Show	<u>4:15</u> Hot Chocolate and Holiday Stories with Rachael	<u>4:15</u> Finishing the Lyrics with Staff	<u>3:30</u> Happy Hour	<u>4:15</u> Sit and Stretch
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Evening Stretch	<u>7:00</u> The Voice (Hulu)	<u>7:00</u> Little Big Shots (You Tube)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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