

Bill & Jude's

Sunday 1/10	Monday 1/11 Rachael off	Tuesday 1/12	Wednesday 1/13	Thursday 1/14	Friday 1/15 Rachael off	Saturday 1/16
<u>11:15</u> Hymn Sing	<u>10:30</u> Trivia with staff	<u>11:15</u> Good Morning Stretch	<u>11:15</u> Ballet with Rachael	<u>11:15</u> Chair Stretch with Staff	<u>11:15</u> Virtual Tour of the Redwoods- YouTube	<u>11:15</u> Bible Study with Rachael
<u>2:30</u> Afternoon Trivia	<u>2:30</u> Yoga with staff	<u>2:30</u> Snowflake Craft with Rachael	<u>2:30</u> Afternoon Movie	<u>2:15</u> Fresh popcorn & Root beer with Rachael	<u>2:30</u> Wintertime Coloring with Laura K.	<u>2:30</u> Jig-saw Puzzles with Staff
<u>4:15</u> Coffee Hour	<u>4:15</u> Dancing with the Starts- (You Tube)	<u>4:15</u> Manicures with Staff	<u>4:15</u> Who wants to be a Millionaire (DVD) with staff	<u>4:15</u> Sing along with Susie- Q (YouTube)	<u>3:30</u> Happy Hour	<u>4:15</u> America's Funniest Home Videos-Hulu
<u>7:00</u> Classic TV Show	<u>7:00</u> Evening Stretch	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>6:45</u> Stories by the Fireplace with Rachael	<u>7:00</u> Have you Ever? with staff (Large Trivia Book)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

January- 2021



Helene's

Sunday 1/10	Monday 1/11 Rachael off	Tuesday 1/12	Wednesday 1/13	Thursday 1/14	Friday 1/15 Rachael off	Saturday 1/16
<u>11:15</u> Hymn Sing	<u>11:15</u>	<u>9:45</u> This day in History and Coffee with Rachael	<u>11:30</u> Music with the Memphis Belles- YouTube	<u>11:00</u> Fresh Popcorn and Root beer with Rachael	<u>11:30</u> Snowflake Craft with Laura K.	<u>11:15</u> Sing-a-long with Susie-Q-YouTube
<u>2:30</u>	<u>2:30</u> Yoga with staff	<u>2:00</u> Afternoon Movie	<u>2:30</u> Afternoon Trivia	<u>2:30</u> Chair Stretch with Staff	<u>2:00</u> Jig-saw Puzzles with Staff	<u>2:30</u> Bible-Study with Rachael
<u>4:15</u> Coffee Hour	<u>4:15</u> Manicures with Staff	<u>4:15</u> Wintertime Coloring	<u>3:30</u> Spa Day with Rachael & Laura K.	<u>4:15</u> Virtual Tour of the Redwoods-YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> America's Funniest Home Videos-Hulu
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Have you Ever? with staff (Large Trivia Book)	<u>7:00</u> Dancing with the Stars- (Hulu)	<u>7:00</u> Finish the Lyrics with Staff	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

January- 2021



Leo's House

Sunday 1/10	Monday 1/11 Rachael Off	Tuesday 1/12	Wednesday 1/13	Thursday 1/14	Friday 1/15 Rachael Off	Saturday 1/16
<u>11:15</u> Hymn Sing (YouTube)	<u>11:30</u> Yoga with staff	<u>11:15</u> Room Visits	<u>11:15</u> Hair Styles	<u>11:15</u> Virtual Tour of the Redwoods-YouTube	<u>11:15</u>	<u>11:15</u> Get-to-know you Questions with Staff
<u>2:30</u>	<u>2:30</u> Wintertime Coloring	<u>2:30</u> Word Search	<u>2:30</u> Afternoon Movie	<u>2:15</u> Sing along with Susie- Q (YouTube)	<u>2:00</u> America's Funniest Home Videos-Hulu	<u>2:30</u> Classic Tv Show
<u>4:15</u> Coffee Hour	<u>4:15</u> Manicures with Staff	<u>4:15</u> Chair Stretching	<u>4:15</u> Music with the Memphis Belles- YouTube	<u>3:15</u> Fresh Popcorn & Root Beer delivery	<u>3:30</u> Happy Hour	<u>4:15</u> Jig-saw Puzzles with Staff
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Have you Ever? with staff (Large Trivia Book)	<u>7:00</u> Dancing with the Stars- (Hulu)	<u>7:00</u>	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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January- 2021



Nancy's House

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<u>11:15</u> Hymn Sing	<u>11:30</u> Hair Styles	<u>11:45</u> Daily Chronicles Discussion with Rachael	<u>11:15</u> Cutout Cookies with Laura K.	<u>11:15</u> Virtual Tour of the Redwoods-YouTube	<u>11:15</u> Get to know you questions with Staff	<u>11:15</u> Sit and Stretch with Staff
<u>2:30</u>	<u>2:30</u> Wintertime Coloring	<u>2:30</u> Music with the Memphis Belles- YouTube	<u>2:30</u> Afternoon Movie	<u>2:30</u> Sing along with Susie- Q (YouTube)	<u>2:00</u> Jig-Saw Puzzles with Staff	<u>2:30</u> America's Funniest Home Video's
<u>4:15</u> Coffee Hour	<u>4:15</u> Manicures with Staff	<u>4:15</u> Yoga on YouTube with Staff	<u>4:15</u> Chair Stretch with Laura K.	<u>3:30</u> Fresh Popcorn and Root beer with Rachael	<u>3:30</u> Happy Hour	<u>4:15</u> Coffee Hour with Rachael
<u>7:00</u> Classic TV Show	<u>7:00</u> Wheel of Fortune/ Jeopardy	<u>7:00</u> Have you Ever? with staff (Large Trivia Book)	<u>7:00</u> Dancing with the Stars- (Hulu)	<u>7:00</u> Finish the Lyrics with Staff	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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