

Bill & Jude's

Sunday 12/27	Monday 12/28 Rachael off	Tuesday 12/29	Wednesday 12/30	Thursday 12/31 New Year Eve	Friday 1/1 New Year's Day Rachael off	Saturday 1/2
<u>11:15</u> Hymn Sing	<u>10:30</u> Morning Trivia	<u>11:15</u> Yoga (YouTube)	<u>10:30</u> Good Morning Music	<u>11:30</u> New Years Eve Toast with Rachael & Staff	<u>11:15</u> Reminisce about New Year Resolutions	<u>11:15</u> Good Morning Stretch
<u>2:30</u> Fun Facts	<u>2:30</u> Exercise	<u>2:30</u> Coloring	<u>2:30</u> Sit and Stretch	<u>2:30</u>	<u>2:30</u> Finish the Lyrics (Blue Trivia Book)	<u>2:30</u>
<u>4:15</u> Afternoon Stretch	<u>4:15</u> Sing along with Suzy Q (You Tube)	<u>4:15</u>	<u>4:15</u> Afternoon Puzzles	<u>4:15</u> THE RAT PACK - (1998) HBO FILM- YouTube	<u>3:30</u> Happy Hour	<u>4:15</u> Taking Down Holiday Decorations
<u>7:00</u> Classic TV Show (You Tube)	<u>7:00</u> Wheel Of Fortune / Jeopardy	<u>7:00</u> Ed Sullivan Show (You Tube)	<u>7:00</u> Dean Martin & Frank Sinatra - Christmas Songs	<u>8:00</u> "Dick Clark's New Year's Rockin' Eve with Ryan Seacrest 2021" (ABC)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

Activities are provided by Shahbazim within the residence. Please check with Shahbaz for any changes.

Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

December – January 2020



Helene's

Sunday 12/27	Monday 12/28 Rachael off	Tuesday 12/29	Wednesday 12/30	Thursday 12/31 New Year's Eve	Friday 1/1 New Year's Day Rachael off	Saturday 1/2
<u>11:15</u> Hymn Sing	<u>10:30</u> Morning Trivia	<u>11:15</u> Yoga (YouTube)	<u>10:30</u> Bowling with Laura K.	<u>10:30</u>	<u>10:30</u> Reminisce about New Year Resolutions	<u>11:15</u> Good Morning Stretch
<u>2:30</u> Fun Facts	<u>2:30</u> Coloring	<u>2:30</u>	<u>3:30</u> New Year's Trivia with Rachael	<u>2:30</u> New Year's Eve Toast with Rachael & Staff	<u>2:30</u> Finish the Lyrics (Blue Trivia Book)	<u>2:30</u> Taking Down Holiday Decorations
<u>4:15</u> Afternoon Stretch	<u>4:15</u> Sing along with Suzy Q (You Tube)	<u>4:15</u>	<u>4:15</u> Manicures	<u>4:15</u> THE RAT PACK - (1998) HBO FILM- YouTube	<u>3:30</u> Happy Hour	<u>4:15</u>
<u>7:00</u> Classic TV Show (You Tube)	<u>7:00</u> Wheel Of Fortune / Jeopardy	<u>7:00</u> Ed Sullivan Show (You Tube)	<u>7:00</u> Dean Martin & Frank Sinatra - Christmas Songs	<u>8:00</u> "Dick Clark's New Year's Rockin' Eve with Ryan Seacrest 2021" (ABC)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Activities contact: Rachael Black- rachael.black@rph.org Well Being Engagement Guide

Laura Koon- laura.koon@rph.org

December – January 2020



Leo's House

Sunday 12/27	Monday 12/28 Rachael Off	Tuesday 12/29	Wednesday 12/30	Thursday 12/31 New Year Eve	Friday 1/2 New Year Day Rachael Off	Saturday 1/2
<u>11:15</u> Hymn Sing	<u>11:30</u> Morning Trivia	<u>11:15</u> Yoga (YouTube)	<u>11:15</u> Hair Styles	<u>11:15</u> Classic TV Show	<u>11:15</u> Reminisce about New Year Resolutions	<u>11:15</u> Good Morning Stretch
<u>2:30</u> Afternoon Stretch	<u>2:30</u> Coloring	<u>2:30</u>	<u>2:30</u> Manicures	<u>2:30</u> Afternoon Exercise	<u>2:30</u> Finish the Lyrics (Blue Trivia Book)	<u>2:30</u> Taking Down Holiday Decorations
<u>4:15</u> Fun Facts	<u>4:15</u> Sing along with Suzy Q (You Tube)	<u>4:15</u>	<u>4:15</u> THE RAT PACK - (1998) HBO FILM- YouTube	<u>4:15</u> Champagne Toast with Carianne & Rainy	3:30 Happy Hour	<u>4:15</u> Afternoon Movie
<u>7:00</u> Classic Tv Show (You Tube)	<u>7:00</u> Wheel Of Fortune / Jeopardy	<u>7:00</u> Ed Sullivan Show (You Tube)	<u>7:00</u> Dean Martin & Frank Sinatra - Christmas Songs	<u>8:00</u> "Dick Clark's New Year's Rockin' Eve with Ryan Seacrest 2021" (ABC)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

December - January 2020



Nancy's House

Sunday 12/27	Monday 12/28 Rachael off	Tuesday 12/29	Wednesday 12/30	Thursday 12/31 New Year Eve	Friday 1/1 Rachael off	Saturday 1/2
<u>11:15</u> Hymn Sing	<u>11:30</u> Morning Trivia	<u>11:15</u> Yoga (YouTube)	<u>11:15</u> Morning Stretch	<u>11:15</u> Hairstyles with Staff	<u>11:15</u> Reminisce about New Year Resolutions	<u>11:15</u> Taking Down Holiday Decorations
<u>2:30</u> Afternoon Stretch	<u>2:30</u> Coloring	<u>2:30</u>	<u>2:30</u> Puzzles & 1:1 with Laura K.	<u>2:30</u>	<u>2:30</u> Finish the Lyrics (Blue Trivia Book)	<u>2:30</u> Afternoon Chair Stretch
<u>4:15</u> Fun Facts	<u>4:15</u> Sing along with Suzy Q (YouTube)	<u>4:15</u>	<u>4:00</u> THE RAT PACK - (1998) HBO FILM-YouTube	<u>4:15</u> New Years Eve Toast with Rachael & Staff	<u>3:30</u> Happy Hour	<u>4:15</u>
<u>7:00</u> Classic TV Show (You Tube)	<u>7:00</u> Wheel Of Fortune / Jeopardy	<u>7:00</u> Ed Sullivan Show (You Tube)	<u>7:00</u> 1:1 Visits with Rachael	<u>8:00</u> "Dick Clark's New Year's Rockin' Eve with Ryan Seacrest 2021" (ABC)	<u>7:00</u> Movie Night	<u>7:00</u> Lawrence Welk Channel 8

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Laura Koon- laura.koon@rph.org

December- January 2020

